



Be a

WATER CHAMPION

at work

Conserve Today, Sustain Tomorrow

RESOURCE PERSON

Prof. (Dr.) Jyotsna Kaushal

*Centre for Water Science, CCP,
Chitkara University, Punjab*



25 AUGUST 2025



12:00 –13:00 PM



CWS Lab (Fleming Block)

ORGANISED BY:
CHITKARA UNIVERSITY CENTRE OF EXCELLENCE FOR SUSTAINABILITY
IN COLLABORATION WITH:
OFFICE OF ADMINISTRATION



Event Name	Be a Water Champion at Work
Date	25 August 2024
Venue	CWS Lab (Fleming Block)
Organizer	Centre of Excellence for Sustainability in collaboration with the Office of Administration.
Resource Person	Prof. Dr. Jyotsna Kaushal, Centre for Water Science, CCP, Chitkara University, Punjab
Total number of students attended	21
SDGs Covered	4, 6, 13 & 17
Duration	2 hours

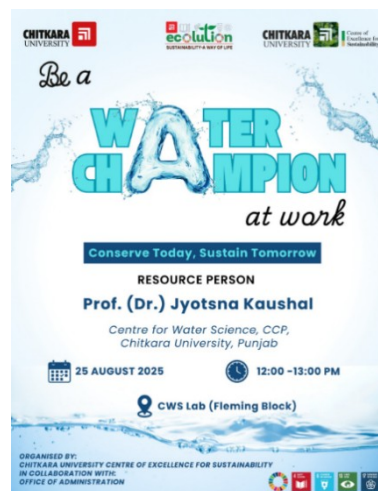
Objective

To promote awareness about water conservation and encourage individuals to adopt sustainable water management practices, fostering responsibility toward preserving this essential natural resource.

Description

The event “Be a Water Champion at Work” is organized by the **Centre of Excellence for Sustainability**, Chitkara University, in collaboration with the **Office of Administration**. The session, led by **Prof. (Dr.) Jyotsna Kaushal** from the **Centre for Water Science, CCP**, focuses on the theme “Conserve Today, Sustain Tomorrow.” It aims to educate participants about the importance of responsible water usage and provide practical insights into sustainable water conservation methods that can be implemented in daily operations at the workplace and beyond.

It aims to educate participants about the importance of responsible water usage and provide practical insights into sustainable water conservation methods that can be implemented in daily operations at the workplace and beyond.



The theme “**Conserve Today, Sustain Tomorrow**” emphasizes the urgent need to act responsibly in the present to ensure a sustainable future for coming generations. It highlights that every drop saved today contributes to the preservation of ecosystems, supports community well-being, and strengthens resilience against future water scarcity. By making mindful choices and adopting efficient water management practices, individuals and organizations can play a vital role in building a sustainable, water-secure future.

Through this initiative, participants were encouraged to integrate conservation values into their daily routines, demonstrating that sustainability begins with awareness and consistent, small actions that collectively make a lasting difference.

Outcomes

- Increased understanding of sustainable water management and conservation techniques.
- Encouragement among participants to adopt water-efficient practices in their surroundings.
- Enhanced awareness of the connection between water conservation and long-term environmental sustainability.

Conclusion

The “Be a Water Champion at Work” session successfully inspired participants to take proactive steps toward conserving water resources. Through engaging discussions and expert insights, the event reinforced the importance of mindful water usage and collective action in building a sustainable future, aligning with Chitkara University’s commitment to environmental stewardship.

