



SEXUAL & REPRODUCTIVE HEALTH SERVICES



At School of Health Sciences, we are committed to ensuring the overall well-being of our students. Our **Sexual and Reproductive Health Services** provide comprehensive support to help students make informed decisions about their health and wellness. Our services focus on education, prevention, and access to care, creating a safe and supportive environment for students to address their health needs.

Information & Education Services

We offer regular workshops, seminars, and peer counselling programs to raise awareness about sexual and reproductive health. These sessions provide students with accurate information on menstrual health.

Confidential Health Counselling

Students have access to confidential health counselling where they can discuss sexual and reproductive health concerns with trained healthcare professionals. Whether it's about contraception, menstrual issues, or sexually transmitted infections (STIs), our counselling services are designed to support students in a safe, non-judgmental space.





Menstrual Health & Hygiene Support

We ensure that menstrual health and hygiene are prioritized by offering information, education, and access to essential products. Our team helps students manage their menstrual health with dignity and ease.

Referral Services

For students who require specialized care beyond the services offered on campus, we provide referrals to external healthcare providers, ensuring they receive the comprehensive care they need.

Our goal is to empower students with the knowledge, tools, and resources necessary to make informed decisions about their sexual and reproductive health while fostering a culture of respect, privacy, and support.



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