

WORLD ENVIRONMENT DAY

WORKSHOP ON KULHAD PAINTING

BEAT
PLASTIC
POLLUTION

Celebrate Creativity Through Sustainable Art



Date:
05 June 2026



Time:
1:30 PM Onwards



Venue:
GB203, Galileo Block

RESOURCE PERSON

Mr. Hamid Raza

Senior Horticulturist
Department of Horticulture

*Small Actions
Big Impact*

Organised by Centre of Excellence for Sustainability
in collaboration with Department of Nursing



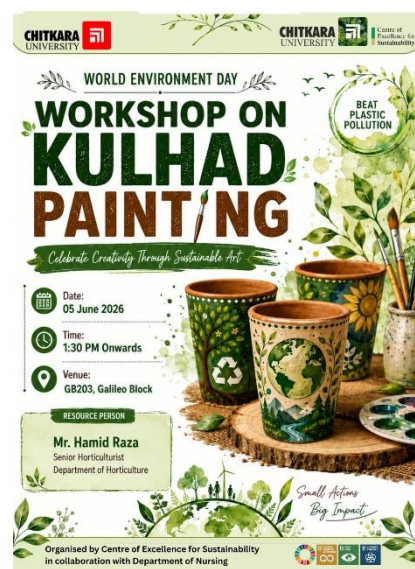
Event Name	Paint for the Planet: Transforming Creativity into Sustainability
Date	05 June 2026
Venue	Galileo Block, Room Number GB203
Organizer	Centre of Excellence for Sustainability in collaboration Department of Nursing
Resource Person	Mr. Hamid Raza, Senior Horticulturist, Department of Horticulture
Total number of Participations	61
SDGs Covered	3,12,13,15 & 17
Duration	2 Hours

Objective

The objective of Department of Nursing students to understand the importance of environmental sustainability through a hands-on creative activity. The workshop aimed to inspire students to reuse traditional clay pots (kulhads), promote indoor greenery, and develop a sense of environmental responsibility by combining artistic expression with sustainable living practices. The initiative also sought to highlight the therapeutic and ecological benefits of plants while fostering creativity and environmental stewardship among future healthcare professionals.

Description

The **Centre of Excellence for Sustainability (CUCES), Chitkara University**, successfully organized **Paint, Plant & Preserve – A Creative Sustainability Workshop"** on **05 June 2026** for the **students of the Department of Nursing**. The Resource Person for the workshop was **Mr. Hamid Raza, Senior Horticulturist, Department of Horticulture**, who shared valuable insights on the significance of indoor plants, sustainable gardening practices, and the role of greenery in creating healthier living environments. He emphasized how simple plantation initiatives can contribute towards environmental conservation, improved air quality, and enhanced mental well-being. The highlight of the event was an engaging **Kulhad Painting and Plantation Activity**, where students creatively painted traditional clay kulhads using vibrant colours and artistic designs.



After decorating the kulhads, participants planted ornamental and indoor plants in them, transforming them into eco-friendly decorative planters.

The workshop encouraged students to explore sustainability through creativity while promoting the concept of reusing **biodegradable materials** instead of plastic planters. Participants enthusiastically interacted with the resource person, learned basic plant care techniques, and discussed how greenery can positively influence health, wellness, and sustainable lifestyles.

The workshop further emphasized the importance of **reusability** by encouraging students to repurpose traditional clay kulhads into attractive and functional planters rather than treating them as single-use items. This creative upcycling activity demonstrated how simple everyday materials can be given a new purpose, thereby reducing waste generation and promoting responsible resource utilization.

Outcomes

- Enhanced students' awareness about environmental sustainability and eco-friendly practices.
- Encouraged creative reuse of traditional clay kulhads as sustainable planters.
- Increased knowledge about indoor plants and their environmental and health benefits.
- Promoted plantation and greenery as a step towards sustainable living.
- Inspired students to adopt environmentally responsible habits in their daily lives.
- Strengthened students' commitment towards achieving the Sustainable Development Goals through practical action.



