

# SUSTAIN-U INSIGHTS

CENTRE OF EXCELLENCE FOR SUSTAINABILITY



## NEWSLETTER

July 2024-Dec 2024

Vol. II | Issue II



The Centre of Excellence for Sustainability at Chitkara University is constituted for finding a balance between eco-friendly practices while maintaining efficiency and productivity, without sacrificing the performance and goal of the university.

## VISION

“To be a Global Leader in advancing sustainability practices, fostering interdisciplinary research, and empowering future generations to create a resilient and equitable world.”

## MISSION

“To integrate sustainability principles into every aspect of academia, research, and operations. Through collaborative partnerships, innovative solutions, and community engagement, we strive to drive positive environmental, social, and economic impact locally and globally. By nurturing a culture of sustainability, we aim to inspire and equip individuals to become catalysts for sustainable change.”

## OBJECTIVES

To align the university processes with 17 UN SDGs as per university vision & mission. To develop and implement the sustainability process within and beyond the campus. To promote awareness through various programs to develop a culture of sustainability at all levels. To continuously improve the sustainability processes by sharing new ideas and practices among all stakeholders. To collect, analyze and maintain The data related to different programs and activities indicated by the university related to SDGs, at national & international level.



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## From the desk of the Chairperson



**Sqn Ldr (Dr.) Rina Angel**  
**Vice President | Infrastructure Enhancement**  
**Chairperson | Centre of Excellence for Sustainability**

**“We dream of having a clean house - but who dreams of actually doing the cleaning?” - Marcus Buckingham**

It gives me immense pride to witness the growing momentum of sustainable practices across our campus community. At Chitkara University, sustainability is not just a goal—it is a way of life. Through innovation, education, and collaboration, we continue to embed environmental consciousness into our curriculum, operations, and student initiatives.

Sustainability is no longer an option—it is a necessity. As we face the consequences of our past actions on the environment, we are reminded of our shared responsibility to protect what remains and restore what has been lost.

At the Centre of Excellence for Sustainability, we believe that true progress lies in balancing development with ecological mindfulness. Our ancestors lived sustainably long before it became a global agenda—carrying cloth bags, using leaf plates, and relying on natural products while maintaining strong human bonds and cultural values.

As a progressive educational institution, we now hold the power—and the responsibility—to shape sustainable mindsets and lifestyles. From waste management systems and renewable energy initiatives to the creation of dedicated Ecolution club for sustainable actions, our initiatives reflect our deep commitment to the United Nations Sustainable Development Goals (SDGs). Events like Van Mahotsav, Green Convocation, Say No to Food Waste, and our collaboration with UNITAR through CIFAL Bangkok stand as milestones in this journey.

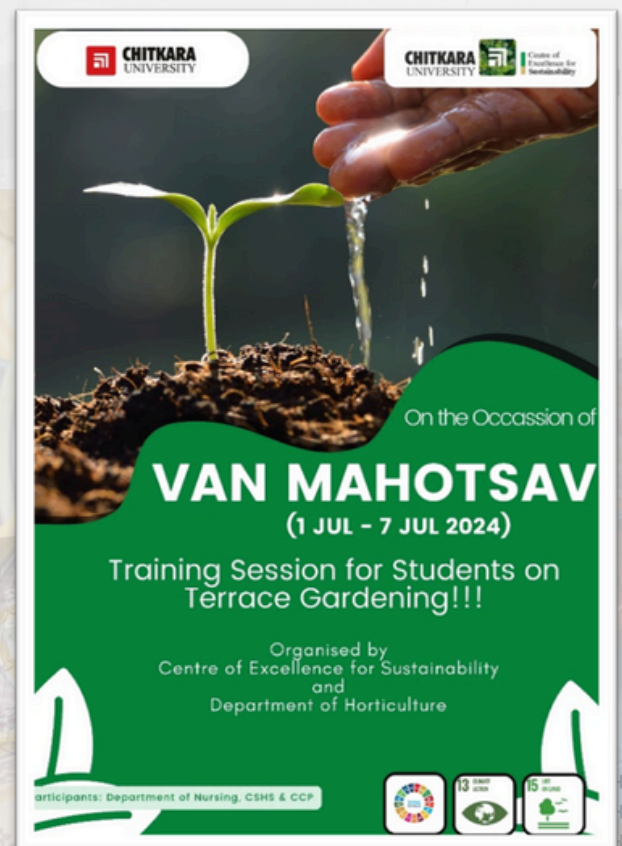
Let us move forward by thoughtfully looking back—reviving timeless, eco-conscious practices while integrating responsible use of technology. I encourage every member of the Chitkara family to join us: reduce your carbon footprint, support green drives, and share innovative ideas. Your involvement is the cornerstone of our sustainable legacy.

Let’s pledge to live mindfully, act responsibly, and lead sustainably. Together, we can build a future where growth does not come at the cost of our planet.



## VAN MAHOTSAV JULY 01-07, 2024

*Van Mahotsav Week*, celebrated from July 1st to July 7th, coincides with the south-west monsoon, providing ideal conditions for afforestation. To mark the occasion, the Centre of Excellence for Sustainability, in collaboration with the Department of Horticulture, organized a Terrace Gardening initiative. Students from the College of Pharmacy and Department of Nursing, CSHS participated in establishing new terrace gardens at the Fleming Block and Galileo Block, guided by Mr. Raza, Senior Horticulturist.





## VAN MAHOTSAV JULY 01-07, 2024

A plantation drive was also held in the hostel with support from the Office of Residential Services. The event aimed to promote environmental conservation, community engagement, and raise awareness about the importance of trees and biodiversity. Participants benefited from outdoor activities, while the initiative contributed to increasing green cover, improving air quality, and supporting long-term sustainability on campus.



Horticulture Team



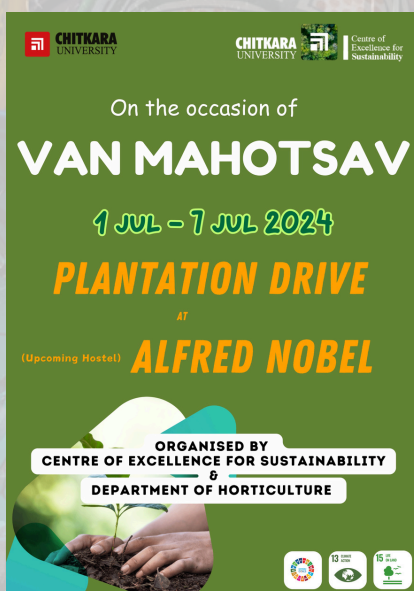


## VAN MAHOTSAV JULY 01-07, 2024

To mark the celebration of Van Mahotsav, a week-long Plantation Drive was successfully organized at Chitkara University from 1st to 7th July 2024. The event took place at the upcoming Alfred Nobel Hostel site, symbolizing a step towards sustainable campus development.

The drive was jointly organized by the Centre of Excellence for Sustainability and the Department of Horticulture, reflecting the university's ongoing commitment to climate action and environmental stewardship. Students, faculty, and staff enthusiastically participated in planting a variety of native and ornamental saplings, aiming to enhance the green cover and promote ecological balance on campus.

This initiative aligned with the United Nations Sustainable Development Goals (SDGs), particularly Goal 13: Climate Action and Goal 15: Life on Land, showcasing Chitkara University's proactive role in fostering a sustainable future.





## PAPER BAG MAKING WORKSHOP JULY 12, 2024

On 12th July 2024, the Centre of Excellence for Sustainability, in collaboration with the Department of Communication Design, CDS organized an engaging paper bag-making workshop to celebrate World Paper Bag Day. Led by Prof. Manpal Setia, the workshop featured hands-on demonstrations and guidance on crafting paper bags using only reused paper materials.

The event highlighted the importance of sustainability and creativity, illustrating how simple materials can be transformed into practical, eco-friendly products. The event fostered a deeper understanding of the value of reusing and recycling. Participants left with a sense of accomplishment and a renewed commitment to environmental responsibility.



GPS Map Camera

Patiala, Punjab, India  
GM85+PHF, Punjab 140506, India  
Lat 30.51689°





## DONATION DRIVE @ CHILDREN HOME IN RAJPURA (PATIALA) JULY 12, 2024

Chitkara University, known for its emphasis on academic excellence and societal contribution, recently organized a donation drive at the Children Home in Rajpura (Patiala). The event was coordinated by the Centre of Excellence for Sustainability in collaboration with the Office of Administration & Chitkara School of Health Sciences, underlining the university's commitment to social responsibility and community welfare.

The primary objective of the donation drive was to support underprivileged children by providing essential clothing items. It aimed to foster a culture of giving and social responsibility among the faculty and students at Chitkara University. This initiative also aligned with the university's goal of promoting sustainability by encouraging the donation of usable clothing, thereby reducing waste and supporting a circular economy.





## COMPOSTING EVENT AUGUST 10, 2024

On August 10, 2024, the Centre of Excellence for Sustainability at Chitkara University hosted an engaging and practical workshop on composting at the Omega Zone. Led by Dr. Gurpreet Singh Saggu, Sustainability Manager, and Mr. Hamid Raza, Senior Horticulturist, the session focused on transforming everyday kitchen waste into nutrient-rich compost.

The workshop began with an informative video presentation by Mr. Raza, highlighting the vital role of composting in waste reduction and enhancing soil health. Following this, Dr. Saggu and Mr. Raza conducted a live demonstration, showcasing an easy and efficient method to create compost at home using common kitchen scraps. Attendees were encouraged to actively participate, with step-by-step guidance provided on the composting process.

This hands-on session not only equipped attendees with practical skills but also reinforced the university's commitment to promoting sustainability within the community. Inspired by the session, many attendees expressed their enthusiasm to begin composting at home, contributing to waste reduction and environmental conservation efforts.





## BIOENZYME ACTIVITY

### AUGUST 21, 2024

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On August 21, 2024, the Centre of Excellence for Sustainability, in collaboration with Chitkara Design School, organized an enriching workshop on creating bio-enzymes. The event took place at the Photography Studio on the third floor of the Picasso Block. Led by resource persons Prof. Manpal Setia and Ms. Divya Raghuvanshi, the session combined practicality with eco-consciousness.

Participants were encouraged to bring their own empty plastic bottles, aligning with the workshop's sustainable approach. The session focused on crafting bio-enzymes using a straightforward recipe comprising old lemon peels, jaggery, and water. With step-by-step guidance from the experts, attendees successfully prepared their own eco-friendly cleaning solutions, designed to be ready for use after a two-month fermentation process. This hands-on experience not only empowered participants with the knowledge to create sustainable alternatives but also underscored the importance of reducing waste and embracing environmentally friendly practices.





## GREEN CONVOCATION

### AUGUST 29-31 & SEPTEMBER 21, 2024

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A Green Convocation was hosted by Chitkara University, which brought the Centre of Excellence for Sustainability one step closer to establishing environmental accountability and having a hand in the SDGs-about SDG 13: Climate Action, SDG 15: Life on land, and SDG 4: Quality Education.

**More than 341 students registered online**, and the agency planted the saplings in various parts of the country. These plants can be viewed through the online link provided by the agency.

This event was part of the creation of the limit, encouraging lifelong values in stewardship and responsibility for the environment, and it went on affirmative action against the carbon footprint, benefitting biodiversity. It demonstrated the extent to which Chitkara University is committed to holistic education where environmental stewardship and responsibility are woven into achievements in academics.

The Green Convocation itself will remain an eternal legacy to inspire graduates on their way to their professional lives to carry the torch of sustainability forward.





# TASTE vs NUTRITION DECODING THE CULINARY DILEMMA-EATING FOR A HEALTHIER TOMORROW SEPTEMBER 5, 2024

On September 5th, 2024, the Chitkara College of Hotel Management and the Centre of Excellence for Sustainability organized an insightful session focused on the importance of nutrition and a balanced diet.

The event took place at the Escoffier Block and featured Chef Santosh Malkoti, the Head of Program (Food Production), as the resource person. Chef Malkoti shared valuable insights into the critical role of nutrition in maintaining overall health, especially for university students. A total of **45 students** attended the session.

He emphasized the importance of incorporating a balanced diet that meets the body's nutritional requirements despite the challenges posed by a hectic academic life. The session highlighted the key elements of a healthy diet, including macronutrients and micronutrients, and offered practical tips on meal planning and making better food choices. Chef Malkoti also addressed common misconceptions about diet and nutrition, providing evidence-based guidance to ensure that the students effectively manage their health and well-being. The session aimed to empower students with the knowledge necessary to make informed food choices and maintain a balanced lifestyle, helping them to cope with the physical and mental demands of their academic journey. It provided actionable advice that is both accessible and applicable to daily routines.





## WEALTH TO WASTE EVENT SEPTEMBER 09-16, 2024

The *Wealth from Waste* event, held from September 9 to 16, 2024, at Carnegie Hall in the Rockefeller Block, was organized by the Centre of Excellence for Sustainability to champion creative waste management and sustainable practices. Participants demonstrated their ingenuity by transforming discarded materials into functional utility products and documenting their processes through engaging videos.

On September 16, the innovative creations were showcased for public viewing and evaluated by an esteemed panel comprising Dr. Sudarshan Pal Singh, Dr. Ranjan Malik, and Mr. Manpal Singh Setia. The judging criteria emphasized creativity, practical utility, aesthetic appeal, and the effective repurposing of waste materials. More than **30 students** participated in this showcase.

Aligned with SDG-12 (Responsible Consumption and Production), SDG-13 (Climate Action), and SDG-15 (Life on Land), the event underscored the significance of converting waste into valuable resources. The week-long initiative culminated in a celebration of participants' innovative contributions to sustainability, inspiring others to adopt eco-friendly practices.





## WORKSHOP ON WASTE ON WEALTH (PAPER PULP) SEPTEMBER 17, 2024

On 17th September 2024, a hands-on Workshop on "Waste to Wealth" was conducted at Ramanujan Block, Chitkara University, focusing on sustainable practices through the reuse of paper waste. The session was aimed at empowering the university's support staff with practical skills to convert discarded paper into usable and decorative items.

Under the expert guidance of Dr. Ranjan Kumar Mallik, Dean, Department of Fine Arts, the participants enthusiastically learned to create eco-friendly bowls and flower pots using paper pulp. The session not only emphasized creativity but also highlighted the importance of recycling in reducing environmental impact.

This initiative reflected the university's broader mission of inclusive capacity-building and environmental responsibility, promoting the concept of transforming waste into valuable products. The workshop successfully encouraged sustainable thinking and hands-on learning among the campus support community.





## SAY NO TO FOOD WASTE

### SEPTEMBER 13-21, 2024



The “Say No to Food Waste” event, organized by the Centre of Excellence for Sustainability in partnership with the Office of Food & Beverages, took place online from September 13 to 21, 2024. This nine-day initiative aimed to spread awareness about food waste and promote responsible consumption, aligning with SDG 2 (Zero Hunger) and SDG 12 (Responsible Consumption and Production).

More than 30 participants, grouped into teams of five comprising three students and two faculty members, collaborated to foster a shared sense of responsibility for sustainability. Through engaging activities and insightful discussions, the event highlighted practical steps to reduce food waste and encouraged participants to integrate sustainable habits into their daily routines.



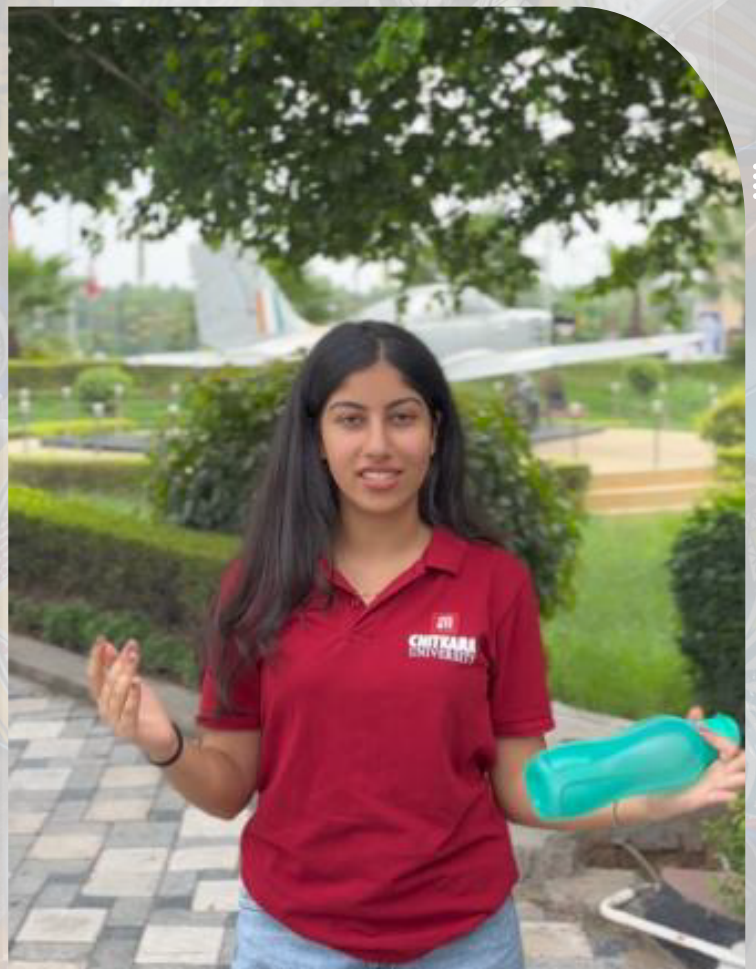


## WORLD WATER MONITORING DAY SEPTEMBER 18-20, 2024



From September 18 to 20, 2024, the Centre of Excellence for Sustainability hosted a *Reel-Making Competition* to commemorate World Water Monitoring Day, using the power of digital media to promote water conservation and sustainable practices. Participants showcased their creativity by producing short, impactful reels that highlighted simple yet effective actions for conserving water and monitoring its usage. The themes resonated strongly with SDG-6 (Clean Water and Sanitation), SDG-13 (Climate Action), and SDG-15 (Life on Land).

A panel of experts from the University's Communication Office evaluated the submissions based on creativity, thematic relevance, impact, and production quality. The competition served as a powerful platform to promote water conservation advocacy while extending the message to a wider audience through digital platforms. This initiative highlighted the university's enduring commitment to sustainability and environmental stewardship.





## WORLD CLEAN UP DAY SEPTEMBER 20, 2024

On World Clean-Up Day, September 20, 2024, Chitkara College of Hospitality Management in collaboration with Centre of Excellence for Sustainability hosted a campus-wide cleaning initiative led by Ms. Anjali Xess, with enthusiastic participation from 1st and 3rd-semester students. The activity, held at the Front Office Lab in the Escoffier Block, focused on tidying public spaces, cleaning glass surfaces, rearranging furniture, and removing waste to create a cleaner and more organized environment.

This hands-on initiative aimed to cultivate a sense of responsibility and ownership among students, fostering teamwork and problem-solving skills. A total of **23 students** actively participated, contributing to the maintenance of shared spaces and gaining practical insights into waste reduction, recycling, and environmental sustainability. The experience also enhanced their collaboration and time management abilities.

This meaningful effort emphasized the critical role of cleanliness and sustainability in fostering a harmonious and efficient campus atmosphere.





## HOUSEKEEPER OF THE YEAR SEPTEMBER 27, 2024

The “*Housekeeper of the Year*” competition, held on September 27, 2024, was organized by the Chitkara College of Hospitality Management in collaboration with the Centre of Excellence for Sustainability. This dynamic event provided a creative platform for **more than 30 participants** to delve into sustainability through artistic expression.

Students transformed spaces with eco-themed art projects, highlighting key topics such as energy conservation, waste management, and pollution control. This hands-on activity not only deepened their understanding of sustainability within the hospitality industry but also nurtured essential skills such as teamwork, leadership, and communication.

By beautifying areas with sustainability-inspired artwork, participants gained artistic confidence while inspiring their peers to embrace eco-conscious habits. Aligned with SDGs 4 (Quality Education), 11 (Sustainable Cities and Communities), 12 (Responsible Consumption and Production), 13 (Climate Action), and 15 (Life on Land), the initiative underscored the power of creativity in driving environmental awareness and fostering a commitment to sustainable practices.





## SWACHHATA HI SEWA CAMPAIGN SEPTEMBER 30, 2024

On 30<sup>th</sup> September 2024, the National Service Scheme and the Centre of Excellence for Sustainability, Chitkara University, Punjab, brought the Swachhata Hi Seva Campaign to Govt. Smart School, Thuha. This initiative aimed to burgeon a culture of cleanliness and responsibility within the community. **225 participants** were there on a mission to clean our environment. The day unfolded with an impactful blend of activities as NSS Volunteers took charge, supported by the dedicated team from administration. They led an invigorating cleanliness drive, turning a simple chore into a collective mission. The vibrant energy of the volunteers was palpable as they engaged the school community in various tasks, transforming the environment into a cleaner, healthier space. Adding to the day's significance, the volunteers performed a captivating nukkad natak, a street play that highlighted the importance of hygiene and sanitation. Their lively performance served a dual purpose of entertaining and educating the audience, reinforcing the message that cleanliness is essential for both personal well-being and community health.





## FELICITATION CEREMONY OCTOBER 14, 2024

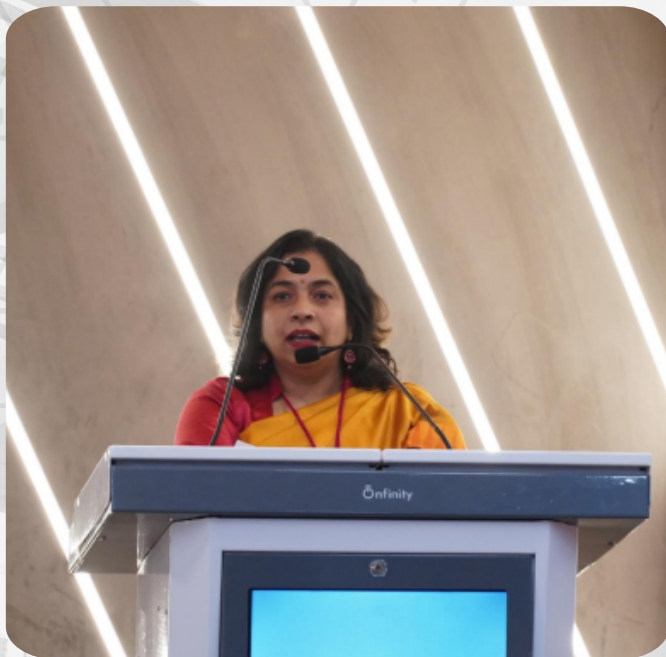


Chitkara University, in collaboration with the National EduTrust of India and the Centre of Excellence for Sustainability, successfully hosted a Felicitation Ceremony to honor students and faculty for their remarkable contributions to sustainability initiatives. The event recognized outstanding achievements in competitions such as the 30 Days Environment Challenge, Eco Achievers, Create Wealth from Waste, Best Reel on World Water Monitoring Day, Say No to Food Wastage (slogan and poster competition), and Swachhta Abhiyan

Dr. Madhu Chitkara, Pro Chancellor of Chitkara University, graced the occasion as the Guest of Honour, while Mr. Samarth Sharma, CEO of the National EduTrust of India, attended as the Chief Guest. Held on October 14, 2024, at 2:00 PM in Carnegie Hall, Rockefeller Block, the ceremony was a celebration of dedication and excellence in promoting environmental sustainability. The event highlighted the university's commitment to fostering a culture of innovation and responsibility toward a greener future.









## MoU SIGNING ON GLOBAL WEEK CIFAL BANGKOK UNDER UNITED NATIONS INSTITUTE FOR TRAINING AND RESEARCH

**OCTOBER 22, 2024**

On the sidelines of the 15th Global week Dr Sandhir Sharma, Respected Vice Chancellor and Executive Director of AIT Extension Dr. Voravate Chonlasin who also holds dual responsibility as Director, CIFAL Bangkok under United Nations Institute for Training and Research has signed a Letter of Intention (LOI) with Chitkara University's Center of Excellence for SDGs. As a dedicated effort the laser focus will be on incorporating SDGs into the academic program through AIT - United Nations Institute for Training and Research (UNITAR)'s Cifal Bangkok.

The signing was in presence of Vice President & Chairperson, Centre of Excellence for Sustainability, Sqn Ldr (Dr.) Rina Angel and Pro Vice Chancellor (International), Hazel Siromoni

Heartening to witness the Global Week Umbrella expanding in various landscape besides academics.





## UN DAY CELEBRATIONS 2024 OCTOBER 24, 2024



On 24th October 2024, the Centre of Excellence for Sustainability of Chitkara University, Punjab Campus, celebrated UN Day. The celebrations, as designed by the Centre, under the Chairmanship of Sqn Ldr (Dr) Rina Angel included a Sustainability Fair, a Fireside chat and some cultural performances with a crosscultural understanding, sustainability awareness, and institutional growth.

Dr. Madhu Chitkara, Pro Chancellor of Chitkara University, graced the occasion as the Guest of Honour, while Mr. Samarth Sharma, CEO of the National EduTrust of India, attended as the Chief Guest. Held on October 14, 2024, at 2:00 PM in Carnegie Hall, Rockefeller Block, the ceremony was a celebration of dedication and excellence in promoting environmental sustainability. The event highlighted the university's commitment to fostering a culture of innovation and responsibility toward a greener future.





A fireside chat featuring Dr. Sumit Choudhary moderated by our esteemed Vice Chancellor, Dr. Sandhir Sharma, delved into global trends, sustainability, and the crucial role of educational institutions in advancing the UN Sustainable Development Goals (SDGs).



The event then transitioned to an impactful fashion show themed around the 17 UN SDGs. Each ensemble illustrated the significance of these goals, while also addressing the dire consequences of neglecting them





At the Sustainability fair, with nearly forty stalls overflowing with ideas and actions undertaken on Sustainability, it was a fair that was one of its kind, where all colleges, schools and departments of the Campus showcased their contributions towards keeping the Earth Green! Hon'ble and Revered Pro Chancellor of Chitkara University, the very elegant Dr . Madhu Chitkara , inaugurated the Fair and was at each stall to encourage the students, staff and faculty





## STUDENT'S PROJECTS ON UN DAY OCTOBER 24, 2024

On October 24, 2024, students from various departments of Chitkara University came together to exhibit their creativity and commitment to global progress at the UN Day Sustainability Fair. Marking the anniversary of the United Nations, the event served as a vibrant platform for young innovators to present projects aligned with the UN Sustainable Development Goals (SDGs).

From eco-friendly technologies and waste management solutions to health innovations and community empowerment models, students displayed a wide array of forward-thinking ideas. Each project reflected a deep understanding of sustainability challenges and a passion for creating real-world impact.

The fair not only celebrated innovation but also fostered interdisciplinary collaboration and awareness among students, faculty, and visitors alike—reaffirming Chitkara University's dedication to nurturing socially responsible leaders of tomorrow.













Dr. Sumit Chaudhary inaugurated the newly established Centre of Excellence for Sustainability, a pioneering initiative aimed at advancing research, innovation, and practical solutions in sustainable development. The building of CES is net zero building.





## VISIT OF JEN DOLLIN NOVEMBER 13, 2024



Chitkara University had the honor of hosting Jen Dollin, Director, Sustainability Education and Partnerships, Western Sydney University, Australia, for a distinguished session on “Integrating Sustainable Practices into University Ecosystems.” Her expertise in sustainability offered faculty and students practical approaches to incorporating eco-friendly initiatives into academic and campus operations, underscoring the essential role universities play in advancing sustainable development.

During her visit, Jen also inaugurated the University's new organic mushroom production unit—a significant step forward in promoting sustainable agriculture on campus and fostering environmental awareness within the university community. This event showcases Chitkara University’s commitment to advancing global sustainability goals through meaningful, collaborative action and strengthened our international academic partnerships.

Through such initiatives, Chitkara University reaffirms its dedication to building a responsible, environmentally conscious academic environment.





## GROUP ACTIVITY/ ROLE PLAY ON “WORLD COPD DAY” NOVEMBER 20, 2024

As a part of global initiative, students of B.Sc. (N) 3rd semester of Department of Nursing, Chitkara University, Pb. in collaboration with Fortis Hospital, Mohali and Centre of Excellence for Sustainability, observed World COPD Day-2024 at Fortis Hospital, Mohali under the theme "Know your lung function". Students carried out various activities like role play, demonstrated post operative exercises and delivered health talks which were dedicated to raise awareness among general public that highlighted the importance of measuring lung function, encouraging healthy lifestyle choices and facilitating quality care for those living with COPD. Students took this opportunity to educate the public about the risk factors, causes, clinical manifestations and various approaches of managing and preventing COPD through various lifestyle modifications.





## TRAINING SESSION- GURU DAKSHTA NOVEMBER 23, 2024

The participants of Guru Dakshta (batch II and III) attended session six of the programme on 23 Nov 2024 at the Faraday Hall. The topic of module 7 i.e. Environmental consciousness, Sustainability and the SDGs was conducted by Sqn Ldr (Dr) Rinal Angel, VP Infrastructure Enhancement followed by a very educative and interesting session by Prof (Dr) Sandhir Sharma, Hon'ble Vice Chancellor titled, 'Beyond the Smoke: Identifying and Healing Toxic Environment in the Workspace'. The sessions were attended by 91 faculty members

In her session, Dr. Rina Angel dwelled on the continuing exploitation of natural resources, consequent degradation of the environment and the threat they impose to the existence of humanity. Seventeen SDGs propagated by the UN to create a just, equitable and prosperous future were discussed in detail. The session not only highlighted the initiatives of Chitkara University towards the achievements of SDGs but also motivated the participants to identify and play their individual roles towards sustainable development. Since we have 'borrowed the environment from our children' it is our sacred duty to preserve and to return it to them in at least in the same, if not better, condition.





## UNDERSTANDING MICROPLASTICS UNDER WATER DECEMBER 10, 2024

Centre of Excellence for Sustainability and Department of Applied Sciences and the Department of Civil Engineering, in collaboration, organized an expert session titled "Understanding Microplastics Underwater".

This initiative aimed to raise awareness about the increasing issue of microplastic pollution in aquatic ecosystems and its implications for marine life and human health. The session was conducted by Dr. Chingakham John, Assistant Professor at the Centre for Research Impact and Outcome (CRIO), Chitkara University, who provided valuable insights into the subject.





## DONATION DRIVE (AT PRABH AASRA) DECEMBER 26, 2024

On December 26, 2024, the Office of Administration and the Centre of Excellence for Sustainability held a donation campaign at Prabh Aasra. The program's goals were to help the recipients with their everyday necessities, enhance their living circumstances, and supply necessary food.

The Office of Administration and Centre of Excellence for Sustainability Staff, as well as students, provided clothing, food, and furniture to Prabh Aasra. The crew went to the NGO to hand-distribute the donated products.

The donation drive aimed to meet the basic needs of Prabh Aasra inhabitants, including the homeless, the elderly, abandoned children, and those with physical or mental problems. Recognizing the importance of such gifts in improving people's lives, the program concentrated on providing **clothing, furniture, and food**, assuring a direct and meaningful impact on the recipients.





## TREE PLANTATION DRIVES JULY-DEC, 2024

In a vibrant display of environmental responsibility and commitment to sustainability, Chitkara University recently organized a Plantation Drive, uniting various departments to create a greener and cleaner campus. More than 90 trees were planted during this initiative, symbolizing the university's dedication to promoting eco-friendly practices and fostering a culture of environmental stewardship among students and staff.

This drive aligns seamlessly with the university's efforts to integrate sustainability principles across its curriculum and campus activities. By involving diverse departments, the event highlighted the importance of collective action and community engagement in addressing environmental challenges.

This green initiative aligns with the university's broader mission to integrate sustainability into its curriculum and campus activities, making eco-consciousness a core value of its community.

Date	Event By	QTY
12-Jul-24	Centre for Water Science	5
25-Jul-24	DFA (Ramanujan)	25
25-Jul-24	Office of Student Affairs	65
12-Aug-24	Plantation at School, Kalo Majra	50
15-Aug-24	Independence Day Plantation by Hon'ble Madhu Chitkara & Dean Directors	25
18-Aug-24	ECE Department	1
29-Aug-24	Green Convocation	341
16-Sep-24	Applied Science on the occasion of Ozone Day Herbal Plantation at Sr. Sec. School, Thuha, Rajpura	50
19-Sep-24	Plantation & Cleaness Drive at Adapted Village	10
25-Sep-24	CSHS Civil Hospital Rajpura	10
25-Sep-24	ECE Department (Swatchhta Pakhwara)	30
13-Nov-24	Plantation by Jen Dollin	1
12-Dec-24	Plantation by IHM Students	10
<b>TOTAL</b>		<b>623</b>







# Sustainable Living Tips and Tricks

Welcome to our guide on embracing a more sustainable lifestyle! Discover simple yet impactful changes that can make a big difference for our planet.

## 01 Reduce Plastic

Use reusable bags, bottles, and containers. Avoid single-use plastics.

## 02 Conserve Energy

Switch to LED bulbs and unplug unused electronics.

## 03 Sustainable Transport

Walk, bike, or use public transport. Carpool to reduce emissions.

## 04 Eco-Friendly Eating

Choose local, organic foods and reduce meat consumption.



**JOIN US IN MAKING A DIFFERENCE!**

Adopt these tips for a positive impact. Visit our website or follow us for more!



**More Information**  
[sustainable.chitkara.edu.in](https://sustainable.chitkara.edu.in)