1 NO POVERTY

CHITKARA UNIVERSITY

CHITKARA UNIVERSITY — Centre of Excellence for Sustainability

SUSTAINABLE DEVELOPMENT GOALS

Jul 2024 - Jun 2025

INDEX

EVENT DETAILS	
EVENT TYPE	SOCIAL EVENT
TOPIC	PHARMACARE + YOUR HEALTH, OUR PRIORITY
DATE	2024-07-09 to 2024-07-09
MODE	OFFLINE
ORGANIZER NAME	CHITKARA COLLEGE OF PHARMACY
RESOURCE PERSON	DR. RUCHIT UPPAL, SURGEON
NO. OF PARTICIPANTS	45
SDG NO	SDG 3: GOOD HEALTH AND WELL-BEING, SDG 4: QUALITY EDUCATION, SDG 10: REDUCED INEQUALITIES, SDG 1: NO POVERTY

OBJECTIVE

1. Enhance patient understanding of their health conditions and treatment options through education and personalized consultations.

2. Improve medication adherence and safety by providing comprehensive medication management services.

3. Foster a patient-centered approach that prioritizes individual health needs and preferences.

4. Promote preventive health measures and wellness init iatives to improve overall community health.

5. Establish strong relationships with patients to encourage open communication and continuous support in their healthcare journey.

DESCRIPTION

The NSS unit of Chitkara College of Pharmacy organized a mega health camp, PharmaCare+ (Your Health, Our Priority), at the Gurudwara Hall in the adopted village of Thuha, Punjab. The camp offered a range of healthcare services, including blood group analysis, blood sugar level tests, BMI calculation, and OPD services in dental, medicine, physiotherapy, and ocular care. Additionally, a free medicine distribution facility was made available to support the local community. This initiative aimed to provide accessible healthcare to the residents, ensuring their well-being and addressing their medical needs at no cost.

OUTCOMES

1. Increased patient knowledge and awareness of health conditions, leading to informed decision-making regarding their treatment.
2. Improved medication adherence rates, resulting in better health outcomes and reduced hospitalizations due to medication-related issues.
3. Enhanced patient satisfaction and trust in Pharmacare services, fostering a long-term commitment to health management.
4. Greater community engagement in preventive health practices, contributing to overall improved health metrics.
5. Stronger patient-pharmacist relationships, leading to ongoing support and follow-up care that encourages proactive health management.

Detail of the Event/Session	
Date of the Session	12-July-2024
Name of the Event/Session/Workshop	Donation Drive @ Children Home in Rajpura (Patiala)
Organized by	Office of Administration and the Centre of Excellence for Sustainability
In Collaboration With	OSA
SDG Covered	1,3,10

Introduction

Chitkara University, known for its emphasis on academic excellence and societal contribution, recently organized a donation drive at the Children Home in Rajpura (Patiala). The event was coordinated by the Office of Administration in collaboration with the OSA, underlining the university's commitment to social responsibility and community welfare.

Objective

The primary objective of the donation drive was to support underprivileged children by providing essential clothing items. It aimed to foster a culture of giving and social responsibility among the faculty and students at Chitkara University. This initiative also aligned with the university's goal of promoting sustainability by encouraging the donation of usable clothing, thereby reducing waste and supporting a circular economy.

Table for the donated items-:

Sr. No.	Item	S-30-38	M-40-42	L-42-44	XL-44-46	XXL-46-48	XXXL-48	Remarks
1	Gents Shirt				5			Donated to Children Home Rajpura on 12-07-2024
2	Gents T-Shirt	2						
3	Gents T-Shirt		8					
4	Gents T-Shirt			8				

Commitment to Social Responsibility Chitkara University's initiative was a testament to its dedication to improving the quality of life for those in need. The donation drive is part of a larger commitment to societal engagement, reflecting the institution's mission to make a tangible difference in the lives of the underprivileged. Through this donation drive, we

are also addressing important social policies related to child welfare and economic support. By helping children in need, we contribute to this goal, encouraging a more supportive environment for their growth and development. It is essential that every child has access to proper nourishment and education to break the cycle of poverty.

Event Name	1-Day Seminar on Accessing Research Material from EBSCO and IEEE
Date	8th August 2024
Venue	LH-2, Law Building, Fleming Block Chitkara University
Department	Doctoral Research Centre, Chitkara Business School, Chitkara University, Punjab
Resource Person	Mr. Ritesh Kumar
Number of Participants	53
SDGs Covered	SDG 1,9 and 10
Duration	1 Hr.

About the Activity

The "1-Day Seminar on Accessing Research Material from EBSCO and IEEE" aimed to equip participants with the necessary skills and knowledge to effectively navigate and utilize academic resources from the EBSCO and IEEE databases for their research endeavors. The role of innovative technology is crucial in establishing robust infrastructure, which aligns with Sustainable Development Goal 9. By exploring various articles and studies available on EBSCO and IEEE, we can discover new techniques that contribute to the enhancement of roads, bridges, and public services. These innovations can drive economic growth, benefiting society as a whole. Investigating the interplay between technology and infrastructure can foster new ideas that emphasize environmentally sustainable practices, ensuring that future development is both sustainable and conducive to achieving economic objectives and social equity.

Workshop Objectives

1. **Empower Participants with Access Techniques:** Equip faculty, researchers, and students with the skills to efficiently access research materials from EBSCO and IEEE.
2. **Enhance Research Quality:** Enable participants to improve the quality of their research by utilizing credible and high-impact academic sources.

3. **Foster Information Literacy:** Promote a better understanding of how to navigate online databases for academic success.
4. **Encourage Scholarly Collaboration:** Encourage participants to connect with fellow researchers to foster collaboration and sharing of knowledge.

Key Highlights

1. **Focus on Resource Accessibility:** The seminar aimed to familiarize participants with navigating and utilizing the vast research material available on EBSCO and IEEE platforms.
2. **Hands-on Training:** It provided practical, hands-on sessions for participants to learn efficient techniques in accessing and managing academic resources.
3. **Enhancing Research Quality:** The event emphasized the importance of high-quality research materials in enhancing the depth and rigor of scholarly work.
4. **Networking and Collaboration:** The seminar encouraged collaboration and sharing of best practices among scholars and researchers.

Workshop Outcomes

1. **Improved Research Resource Utilization:** Participants became more adept at navigating key research databases.
2. **Increased Research Productivity:** With better access to resources, participants were able to streamline their research processes and produce higher-quality work.
3. **Enhanced Information Literacy:** Attendees gained the skills to critically assess and use academic materials from reputable sources like EBSCO and IEEE.
4. **Stronger Scholarly Networks:** The seminar fostered connections among faculty and researchers, facilitating future collaborations.

Title: Financial Roadmap for Startups: Navigating the Path to Success		
1	**Type of Activity**	Interactive knowledge Session and Interaction under CEED Smart 7 Series to empower students & young aspiring entrepreneurs by providing them with the necessary tools, knowledge and inspiration to turn their business dreams into reality by leveraging power of execution.
2	**PROGRAM THEME (KEYWORDS)**	Facilitate interactive knowledge session on Financial Roadmap for Startup Success
3	**Link**	https://www.facebook.com/share/p/xrh5buDuvcsE9wGP/?mibextid=oFDknk
4	**Program Type**	Interactive Knowledge Session on Financial Roadmap for Startups: Navigating the Path to Success
	Nomenclature	Financial Roadmap for Startups: Navigating the Path to Success
	Duration of the activity	120 Minutes
5	**Description of the event not more than 100 words (Final Report)**	
	The session was designed to empower students & aspiring entrepreneurs by providing them with knowledge, frameworks and inspiration to turn their idea into successful entrepreneurial ventures. Mr. Prashant Singh, Mentor of CEED, Chitkara University shared his extensive experience in the field of entrepreneurship and startup ecosystem and provided key insights on how to navigate entrepreneurial complexities and define the financial roadmap for startups. The session covered how to navigate financial mazes and build a profitable startup.	
6	**Kindly justify the activity conducted by your respective department will fit as IIC event (Point No 2 should be taken care of-Maximum 100 words).**	
	The session was highly engaging and provided deep and practical knowledge on defining financial terms involved in building a startup and crafting a roadmap for financial security. The session deep dived into revenue streams, costs associated and business models for better finance understanding for entrepreneurs and its elements along with decrypting the financial jargons of successful startups. It also covered how to define long term roadmap for your venture in terms of financial growth and security to get an edge	

	on competition. The students were highly engaged and asked many thought-provoking questions, which led to discussions on costs P& L, Statements & profitability. The event was well-organized, with a high level of participation and engagement from startups.
7	**Start and End date of the event:** 09/08/2024 to 09/08/2024
8	**Mention minimum number of students (Event):** 60
9	**Mention minimum number faculty (Event):** 1
10	**Objective of the event in 3 words (90 Characters) only:** Providing insights to build a successful venture.
11	**SDG Covered -SDG1, SDG12**
12	**Benefit of the activity in 5 words (120 Characters) only:** Deep Understanding of financial terms, Profit & Loss statements, balance Sheets etc.
13	**SPACE FOR PHOTOGRAPHS** **Before the Event: Flyer** **During Event:**

**SDG 1 (NO POVERTY) JULY 24 – JUNE 25**
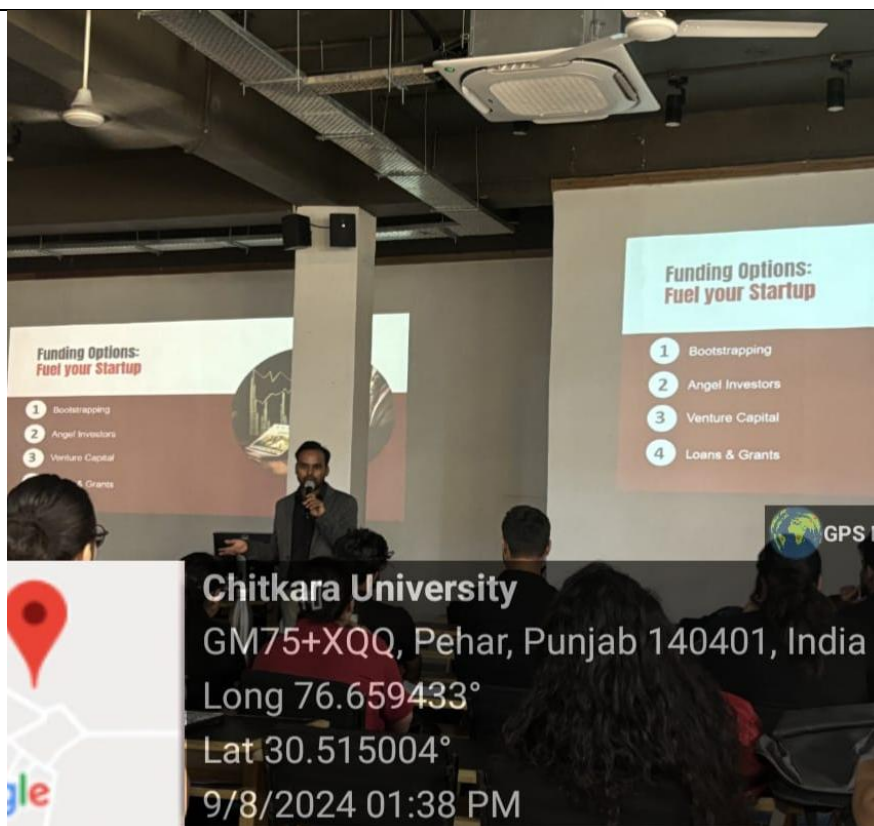
Name of Department:	CEED
Name of Organizer with Mail ID & Contact Number:	Yuvraj Vashisht 9815090630 yuvraj.vashisht@chitkara.edu.in
Resource Person Details:	
Name:	Mr. Prashant Singh
Designation:	Mentor
Organization:	CEED

Title: Building a Foundation: Introduction to the Startup Ecosystem		
1	**Type of Activity**	Interactive knowledge Session to empower students & young aspiring entrepreneurs by providing them with the necessary tools, knowledge and inspiration to turn their business dreams into reality by leveraging the power of execution.
2	**PROGRAM THEME (KEYWORDS)**	Facilitate interactive knowledge session on Building a Profitable Startup
3	**Link**	https://www.facebook.com/share/p/krv6f4dVDgEkEvcn/?mibextid=oFDknk
4	**Program Type**	Interactive Knowledge Session on Building a Profitable Startup
	Nomenclature	Building a Profitable Startup: Strategies for Success
	Duration of the activity	120 Minutes
5	**Description of the event not more than 100 words (Final Report)**	
	The session was designed to empower students & aspiring entrepreneurs by providing them with knowledge, frameworks and inspiration to turn their idea into profitable ventures. Mr. Piyush Garg, Vice President of CEED, Chitkara University shared his extensive experience in the field of entrepreneurship and startup ecosystem and provided key insights on navigating startup landscape. Entrepreneurs gained insights into the various resources, support systems, and opportunities available within the ecosystem to help turn innovative ideas into viable businesses. The session equipped participants with a solid understanding of the fundamental components that make up the startup ecosystem.	
6	**Kindly justify the activity conducted by your respective department will fit as IIC event (Point No 2 should be taken care of-Maximum 100 words).**	
	The session was highly engaging and provided insights into various resources, support systems, and opportunities available within the ecosystem. The session deep dived into comprehensive overview of the startup ecosystem, addressed key elements such as ideation, market research, business modeling, funding, and networking. It also covered how to define long-term strategies for your venture in terms of financial growth and profitability to scale. The students were highly engaged and asked many thought-provoking questions, which led to discussions about team, execution, Margins, and real-	

	life startup case studies. The event was well-organized, with a high level of participation and engagement from startups.
7	**Start and End date of the event:** 14/08/2024 to 14/08/2024
8	**Mention minimum number of students (Event):** 40
9	**Mention minimum number faculty (Event):** 1
10	**Objective of the event in 3 words (90 Characters) only:** Providing insights to build a successful venture.
11	**SDG Covered - SDG 1, SDG 4, SDG 8, SDG 9**
12	**Benefit of the activity in 5 words (120 Characters) only:** Deep Understanding of Startup Ecosystem and support system.
13	**SPACE FOR PHOTOGRAPHS** **Before the Event: Flyer**

During Event:
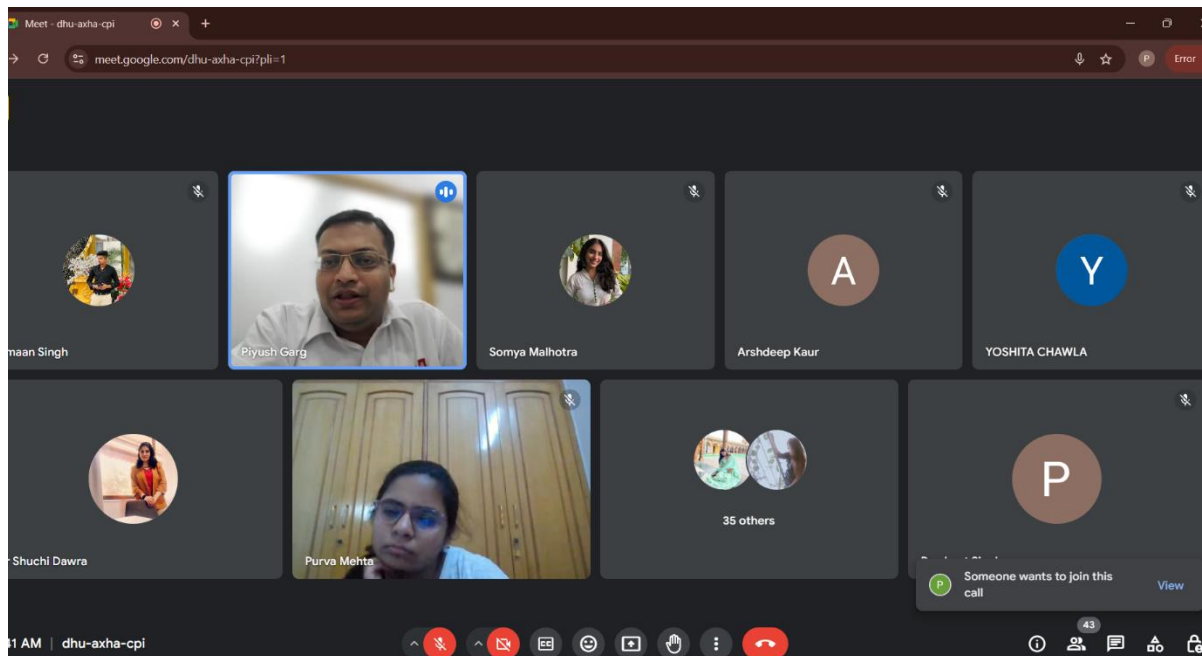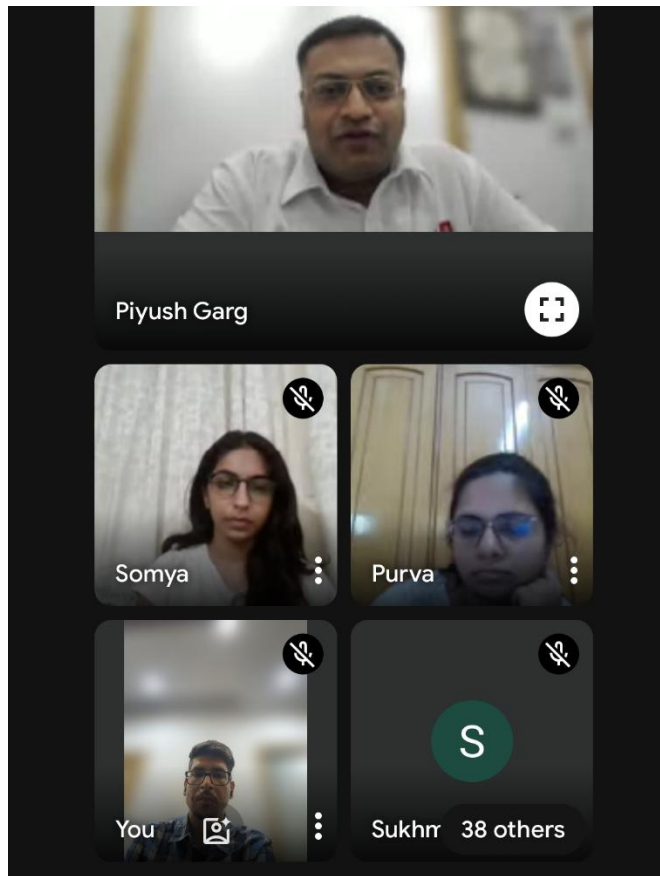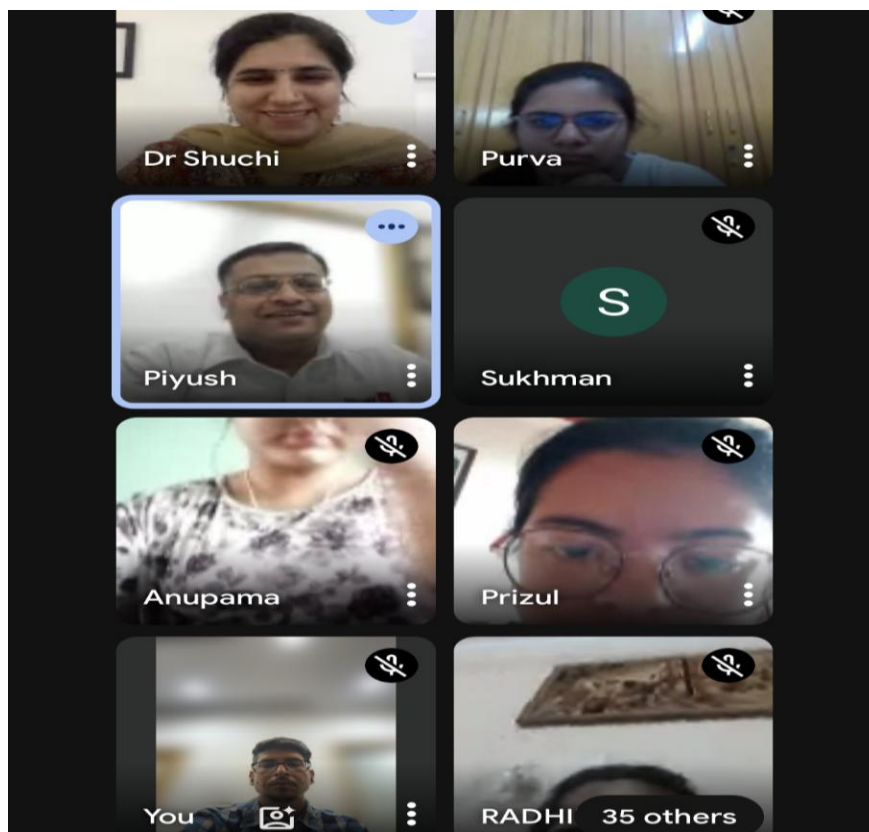
Video URL:

https://drive.google.com/file/d/1SZuVsOhrd-1mOsBh0jv_e-RGRpKQXcN4/view?usp=sharing

Name of Department:	CEED
Name of Organizer with Mail ID & Contact Number:	Prashant Singh & 7060740487 prashant.s@chitkara.edu.in
Resource Person Details:	
Name:	Mr. Piyush Garg
Designation:	Vice-President
Organization:	CEED

Event Details	
Event Type	Charity Event
Topic	Snehil Prayas- Donation Drive
Date	2024-08-18 to 2024-08-18
Mode	Offline
Venue	Library, Escoffier Block
Organizer Name	Chitkara College of Hospitality Management
No. of Participants	20
SDG No	SDG 1: No Poverty, SDG 4: Quality Education, SDG 10: Reduced Inequalities, SDG 11: Sustainable Cities and Communities, SDG 17: Partnership for the Goals

Objective

1. To address the immediate needs of local communities.
2. To provide students and faculty with event management experience.
3. To promote social responsibility and community engagement.
4. To foster a sense of solidarity among participants.
5. To support the university's mission of community service and outreach.

Description

Chitkara College of Hospitality Management and the National Service Scheme (NSS) at Chitkara University, Punjab, organized a donation drive, *Sanehil Prayas, * on August 18, 2024. The event commenced at 9:00 AM at the library, located on the 1st floor of the Escoffier block, and had been in operation since August 1. Coordinated by Mr. Sushil Kumar Sharma, Librarian of the Hospitality Department, this initiative was designed to address the needs of the community while providing valuable organizational experience for students and faculty. The purpose of *Sanehil Prayas* was twofold: to provide essential resources to local residents, especially those from the university's adopted villages, and to foster a deep-rooted sense of social responsibility among participants. The drive

collected a wide variety of donations, including clothing, books, educational materials, and other essentials, intended to benefit underserved communities and create a lasting, positive impact. The drive promotes community involvement, with volunteers joining forces to gather and deliver donations. This teamwork creates a significant impact in local neighborhoods. Snehil Prayas not only offers immediate help to those in need but also sheds light on the difficulties low-income families face. This effort fosters a stronger, more caring society where everyone has the chance to succeed. Participants in the drive learned about planning and managing community projects, gaining a deeper understanding of social issues. This initiative pushes for better education and job options to empower individuals and families. By offering skills training and support, it encourages self-sufficiency. This long-term method is crucial for building a future where no one endures poverty, resulting in healthier and happier communities. Through active participation, students and faculty recognized the value of giving back an experience aligned with the Hospitality Department and NSS values. The success of Snehil Prayas highlighted how collective actions can meet community needs and strengthen connections. This initiative not only offered real benefits to those in need but also supported the personal growth and civic awareness of all involved, reinforcing the university's focus on comprehensive education and community service.

Outcomes

1. Enhanced community engagement and support for local residents.
2. Increased social responsibility among students and faculty.
3. Valuable experience in organizing and managing events.
4. Strengthened teamwork and collaboration skills.
5. Positive contribution to the university's commitment to social service.

Title: Building a Startup from Zero: Mindset and Strategies

1	Type of Activity	Level 1 Activity
2	PROGRAM THEME (KEYWORDS)	**Building a Startup from Zero: Mindset and Strategies**
3	LINK (Pre Link)	https://www.facebook.com/share/p/1A9SRSFkg3/
	LINK (Post Link)	
4	Program Type	Knowledge Session
	Nomenclature	Expert Talk
	Duration of the activity	**120 Minutes**
5	**Description of the event not more than 100 words (Final Report)**	
	The session provided students, budding entrepreneurs, and innovators with actionable insights into transforming ideas into market-ready products. CEED organized an engaging session on *"Building a Startup from Zero – Mindset and Strategies"* with Mr. Samrath Singh Nagpal, Founder of Easyrugs, on April 9, 2025. The session focused on cultivating entrepreneurial mindset, identifying real-world problems, building MVPs, and using lean startup principles to transform ideas into actionable business models. Attendees gained practical insights into startup execution, market validation, and early-stage traction, making it a valuable learning experience for budding entrepreneurs and student startups.	
6	**Kindly justify the activity conducted by your respective department will fit as IIC event (Point No 2 should be taken care of-Maximum 100 words).**	
	The session aligns with the IIC's objective of promoting innovation and entrepreneurship by equipping students with practical strategies to build startups from scratch. It offered hands-on knowledge on lean methodology, problem-solving, and early market testing, fostering a spirit of innovation. The speaker's real-life entrepreneurial journey served as an inspirational case study, encouraging students to take initiative in converting their ideas into viable ventures.	
7	**Start and End date of the event:** 09/04/2025 to 09/04/2025	
8	**Mention minimum number of students (Event):** 150	
9	**Mention minimum number faculty (Event):** 3	

10	**Objective of the event in 3 words (90 Characters) only:** Inspire. Innovate. Execute.
11	**Benefit of the activity in 5 words (120 Characters) only:** Entrepreneurial thinking, startup strategies, MVP building, lean validation, resource optimization.
12	**SDG Covered-SDG1,SDG11**
13	**SPACE FOR PHOTOGRAPHS**

Flyer Photograph (<2MB)	Photographs with Speaker/Students (<2MB)

Photographs with Speaker/Students (<2MB	Photographs with Speaker/Students (<2MB

Note

Name of Department:	CEED
Name of Organiser with Mail ID & Contact Number:	Yuvraj Vashishth & 9815090630 yuvraj.vashishth@chitkara.edu.in
Resource Person Details:	
Name:	**Samrath Singh Nagpal**
Designation:	**Founder**
Organization:	**Easyrugs**
Mail ID:	**N/A**
Contact No.	**N/A**

Event Details	
Event Type	Workshop
Topic	Workshop on Microfinance Strategies to Empower Communities through Financial Inclusion and Innovation
Date	2024-10-18 to 2024-10-18
Mode	Offline
Venue	LH102, 1st Floor, Carnegie Block
Organizer Name	Chitkara College of Sales and Marketing
Resource Person	Pallav Majumdar AVP - Training
No. of Participants	82
SDG No	SDG 1: No Poverty, SDG 4: Quality Education, SDG 8: Decent Work and Economic Growth, SDG 9: Industry, Innovation and Infrastructure, SDG 17: Partnership for the Goals

Objective

- Develop an understanding of microfinance principles and practices to support financial models for the community.
- Explore innovative strategies that promote financial inclusion.
- Able to develop capabilities to address challenges faced by underserved communities.
- Learn practical techniques to design and implement effective microfinance programs.
- Encourage collaboration and innovative thinking to empower community-based financial models.

Description

The workshop titled "Microfinance Strategies to Empower Communities through Financial Inclusion and Innovation," held on 18th October 2024 at 9:30 AM, featured Mr. Pallav Majumdar, AVP - Training at Midland Microfine Ltd. This enlightening event was designed to equip participants with practical knowledge and strategies, and professional training in the field of microfinance. Teaching community members about different financial options can help them start businesses, improve their homes, and better support their families.

The workshop will show how financial inclusion creates new opportunities and raises the overall quality of life in the community. Mr. Majumdar kicked off the session by highlighting the vital role of microfinance in supporting underserved areas. Key discussions focused on new microfinance methods, the role of technology in finance, and real-life examples of successful initiatives. Participants took part in discussions addressing the unique problems that low-income groups face and brainstormed practical solutions to tackle these challenges.

The workshop emphasized educating attendees on different microfinance strategies, such as group lending, savings programs, and financial literacy. This knowledge equips community members with essential skills to manage their finances effectively. As a result, they can launch small businesses or invest in their education, ultimately improving their families' and communities' well-being. Mr. Majumdar stressed the need for cooperation among financial institutions, government bodies, and non-profits to build sustainable microfinance programs. By offering practical financial solutions, the workshop aims to help people escape poverty. Access to financial resources allows families to create stable incomes and contribute to the local economy, leading to a stronger community where everyone benefits.

Attendees learned best practices for implementing programs and the positive effects of microfinance on local economies. A significant part of the workshop involved sharing success stories from different microfinance projects, demonstrating how these strategies can improve community members' lives. Participants were encouraged to consider how they could apply these ideas in their situations. The session wrapped up with a Q&A, giving attendees a chance to discuss how to use the insights gained in real life. Overall, the workshop offered valuable knowledge and motivation for individuals dedicated to promoting financial inclusion and innovation in their communities.

Outcomes

- Enhanced understanding of microfinance principles and practices.

- Gained insights into innovative strategies for financial inclusion.

- Improved capacity to address challenges faced by underserved communities.

- Practical techniques for implementing effective microfinance programs.

- Fostered a culture of collaboration and innovation in community empowerment.

Event Name	First International Conference on Smart Computing and Communication for Sustainable Convergence (ISCCSC-2024)
Date	18 October 2024
Venue	Pierre Hall, Le Corbusier Block
Department	Centre for Research Impact and Outcome (CRIO)
Resource Person	Dr. Brinda V (ISRO), Dr. Sanjeev Kumar (Principal Scientist in Biomedical Applications), Dr. Jyoteesh Malhotra (NIT Delhi), and Dr. John Jose
Number of Participants	
SDGs Covered	All SDG's
Duration	2 Hrs.(approx.)

About the Activity

The **First International Conference on Smart Computing and Communication for Sustainable Convergence (ISCCSC-2024)** was organized to bring together researchers, academicians, and industry experts to discuss advancements in smart computing, communication, and sustainable development. The event fostered knowledge exchange, collaboration, and innovation to address global challenges in these fields.

Workshop Objectives

1. **Raising Awareness:** To highlight the importance of smart computing and sustainable communication technologies in addressing real-world challenges.

2. **Knowledge Sharing:** To provide a platform for experts to share cutting-edge research, emerging trends, and technological innovations.

3. **Industry-Academia Collaboration:** To bridge the gap between academia and industry by fostering meaningful discussions and partnerships.

4. **Action Planning:** To develop actionable strategies that encourage innovation and research-driven solutions for sustainable convergence.

5. **Conclusion and Q&A:** The conference concluded with a summary of key discussions, followed by an interactive Q&A session where participants engaged with experts to further enrich their understanding.

ISCCSC-2024 was a significant step toward fostering innovation in smart computing and sustainable communication. By facilitating expert discussions and collaborative engagements, the conference contributed to advancing research and industry applications in these domains. The organizers express their gratitude to all participants and look forward to continued efforts in this field.

Next Steps

Participants are encouraged to remain engaged, apply their learnings, and contribute to ongoing research and development efforts. Follow-up meetings, research collaborations, and project discussions will be scheduled to ensure continued progress and knowledge exchange.

Key Highlights

1. **Expert Talks:** Distinguished speakers, including Dr. Brinda V (ISRO), Dr. Sanjeev Kumar (Principal Scientist in Biomedical Applications), Dr. Jyoteesh Malhotra (NIT Delhi), and Dr. John Jose (IIT Guwahati), shared insights on the latest advancements in smart computing and communication.
2. **Networking Sessions:** The conference provided opportunities for researchers, academicians, and industry professionals to connect, fostering collaborations for future projects.
3. **Workshops and Technical Sessions:** Sessions on emerging topics, such as AI-driven communication, IoT, cybersecurity, and green computing, allowed participants to gain hands-on knowledge and insights from experts.
4. **Panel Discussions**: Experts, industry leaders, and academicians engaged in discussions on the role of sustainable technologies in shaping future innovations. Themes included policy frameworks, industry-academia partnerships, and ethical considerations in AI and communication technologies.

Workshop Outcomes

1. **Increased Awareness:** The event successfully highlighted the importance of sustainable computing and communication in driving innovation and addressing global challenges.
2. **Actionable Knowledge:** Participants gained practical insights, research findings, and strategies to implement in their respective fields.
3. **Future Collaboration:** New research collaborations and academic industry partnerships were formed, laying the groundwork for future initiatives in sustainable computing and communication.

Name of Activity	UN DAY 2024 CELEBRATIONS
Name of Organizing Institute	Centre of Excellence for Sustainability in collaboration with Go Global
Mode	Offline
Date	24 Oct 2024
Duration	One Day
Venue:	Alpha Zone and Exploratorium
SDG	SDG1

United Nations Day is an **annual commemorative day** that reflects the official creation of the United Nations on October 24, 1945. The UN DAY 2024 was celebrated at CHITKARA UNIVERSITY, Punjab, India, with a lot of pomp and splendor!!

On **24th October 2024**, the Centre of Excellence for Sustainability of Chitkara University, Punjab Campus, celebrated **UN Day**. The celebrations, as designed by the Centre, under the Chairmanship of **Sqn Ldr (Dr) Rina Angel** included a **Sustainability Fair, a Fireside chat and some cultural performances** with a cross-cultural understanding, sustainability awareness, and institutional growth.

These UN Day celebrations marked yet another milestone in the university's commitment to global citizenship, cultural understanding, and sustainability.

- **Highlight the Importance of UN Day and SDGs Awareness**

UN Day is important because it highlights the university's dedication to the United Nations' Sustainable Development Goals (SDGs). Educating students about these goals helps them recognize their part in building a better economy. When young people learn about the

significance of UN Day and the SDGs, they are encouraged to take action and make a positive impact in their society.

- **Document the Fashion Show as a Creative Expression of the SDGs**

The fashion show focused on the 17 UN Sustainable Development Goals (SDGs). Students showcased how fashion can creatively highlight each goal. By combining art and social responsibility, they sparked important discussions about economic issues.

- **Showcase Sustainability Initiatives at the Sustainability Fair**

The Sustainability Fair featured nearly 40 booths showcasing ideas, projects, and actions focused on sustainability. Various colleges, schools, and departments participated to show their dedication to protecting the environment. Students had the chance to learn about policies that promote equal opportunities and offer support to those in need. By highlighting these initiatives, the fair emphasized the value of teamwork and collective efforts in creating a more just society. Engaging with these topics can motivate students to get involved in initiatives that promote sustainability and social fairness.

- **Acknowledge the Leadership and Inauguration by Dr. Madhu Chitkara**
  Emphasized the role of Dr. Madhu Chitkara, Pro Chancellor of Chitkara University, in supporting and encouraging sustainability initiatives by inaugurating the fair and engaging with participants at each stall.
- **Promote a Campus-Wide Commitment to Green Practices**

The event aimed to promote environmental awareness on campus, showcasing the teamwork of students, staff, and faculty in creating a greener planet. It also emphasized the importance of water conservation, encouraging better management of this vital resource. These efforts support social welfare and contribute to sustainable development goals, especially regarding national health rights and access to clean water for everyone.

Encourage Further Engagement in Sustainability Efforts

Encouraging more participation in sustainability efforts is crucial for enhancing health and well-being in developing countries. Many people there deal with serious issues like poverty and limited healthcare access. It's important to motivate both the campus community and outside readers to get involved in and support sustainability initiatives. Highlight how individual and group actions contribute to the UN Sustainable Development Goals. When people grasp the significance of sustainability, they are more inclined to take part in efforts that can improve health and create a better society for all.

Celebrating the Event's Success and Impact on the Campus Community

Reflect on the success of the UN Day Celebration by gathering feedback from participants. Assess how the event impacted attendees and outline plans for promoting sustainable practices at the university in the future. The event educated participants and motivated them to take action in their own communities. Its positive effects will be felt on campus and beyond, fostering a commitment to social justice and equality.

Guidelines for Setting Up Stalls

As part of our commitment to sustainability, all stalls must focus on eco-friendly themes. Stall can include:

- Selling sustainable merchandise (eco-friendly products, upcycled items) -
- Hosting activities that promote sustainability (workshops, demonstrations)
- Offering products or services that contribute to sustainable living (e.g., zero-waste solutions, renewable energy products). To ensure a smooth experience, we had outlined a few key guidelines for the event:
- **Booking and Payment**: Confirm availability and eligibility with the event organizer before making any payments.
- **Setup and Presentation**: Stalls should use minimal and sustainable materials for decoration.
- **Waste Management**: Stallholders are responsible for managing waste sustainably, with proper segregation.
- **Electricity Usage**: Please use electricity responsibly and avoid high-power-consuming equipment unless approved in advance.

Dr. Chitkara emphasized the importance of sustainability in today's world, inspiring everyone with her vision for a greener future. Her genuine interest and enthusiastic support invigorated the atmosphere, motivating students and staff alike to think creatively about their projects and collaborations.

Dr. Sumit Chowdhury, Founder and CEO of GreenEarthX, also visited all the stalls. While he interacted with all the students as they explained their projects, he went on and tried many of the projects created by the students, appreciated research projects, happily availed some of the health checkups at the Fair, and understood the efforts of infrastructure operations. Students, faculty, and staff from all colleges and schools visited the fair, and so did the International Faculty of Global Week. Students presented innovative projects and ideas, with startups rooted in sustainability principles joining the event. One team performed a nukkad natak, while several departments organized games to creatively promote the message of sustainability.

FIRESIDE CHAT

A **fireside chat** featuring **Dr. Sumit Choudhary, Founder and CEO of GreenEarthX and a serial entrepreneur in Global Sustainability** moderated by our esteemed **Vice Chancellor, Dr. Sandhir Sharma**, delved into global trends, sustainability, and the crucial role of educational institutions in advancing the UN Sustainable Development Goals (SDGs). This insightful conversation, which was attended by our students and faculty, including the **international faculty who are on campus as part of the Global Week**, emphasized the power of education in driving transformative change.
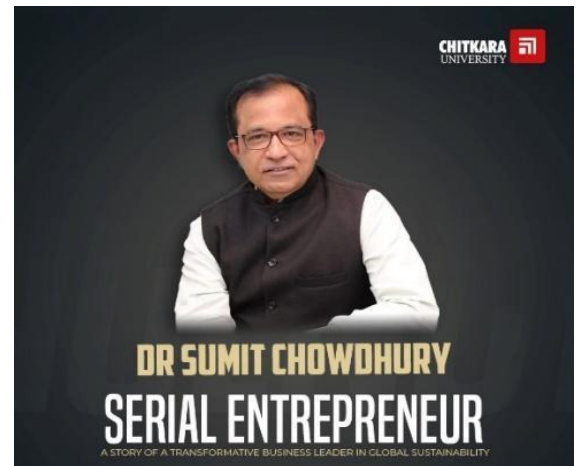
FASHION SHOW

The event then transitioned to an impactful fashion show themed around the 17 UN SDGs. Each ensemble illustrated the significance of these goals while also addressing the dire

consequences of neglecting them. This visual presentation, where models of Panache from the Office of Student Affairs wore costumes created from discarded clothes by the School of Fashion Design, captivated the audience with its thought-provoking portrayal of environmental and social responsibility.

A VISIT TO THE YELLOW POINT FARM

In the visit to the Yellow Point Farm by Dr. Sumit Chowdhury, the officials showcased the different sustainability ventures (more than a dozen ventures), including the Miyawaki forest, biogas plant, mushroom production, organic farming, mechanized decomposer, vermicomposting pits, the STP plant, and much more.

INAUGURATION OF CENTRE OF EXCELLENCE FOR SUSTAINABILITY

Dr. Sumit Chaudhary inaugurated the newly established Centre of Excellence for Sustainability, a pioneering initiative aimed at advancing research, innovation, and practical solutions in sustainable development.

Event Details

Event Details	
Event Type	Charity Event
Topic	Collect-Contribute-Distribute
Date	2024-11-04 to 2024-12-27
Mode	Offline
Organizer Name	Dr. Rajvir Singh
No. of Participants	19
SDG No	SDG 1: No Poverty, SDG 10: Reduced Inequalities, SDG 12: Responsible Consumption and Production

Objective

o Promote Sustainability: Encourage the reuse of unutilized items to reduce waste and environmental impact.
o Foster Social Responsibility: Instill a sense of duty among participants to support underprivileged communities.
o Encourage Resource Sharing: Facilitate the redistribution of essential items to those in need.
o Strengthen Community Engagement: Build stronger connections between the campus and surrounding villages through outreach efforts.
o Develop Organizational Skills: Provide students and volunteers with hands-on experience in planning and managing a large-scale donation drive.

Description

The Department of Electronics and Communication Engineering, in collaboration with the National Service Scheme (NSS), successfully organized the 'Collect-Contribute-Distribute' Donation Drive from 4th November to 27th December 2024. The initiative aimed to promote sustainability by collecting unutilized daily-use items from students and faculty members within the campus and redistributing them to underprivileged sections of the community. The drive saw enthusiastic participation from students and faculty, who generously contributed items such as clothing, stationery, kitchenware, and other essential household goods. NSS volunteers, stationed at the Edison Block, managed the collection process efficiently over the designated period. Once collected, the items were carefully sorted, categorized, and packaged by a team of volunteers. These packages were distributed to the needy people belonging to the adopted villages around the campus. The initiative not only highlighted the importance of sustainability and resource-sharing but also fostered a sense of social responsibility among the participants. The overwhelming response to this drive has encouraged the organizing team to plan similar initiatives in the future to continue making a positive impact on society. The

Department of Electronics and Communication Engineering extends its gratitude to all the contributors, NSS volunteers, and faculty members who made this event a grand success.

Outcomes

o Enhanced Awareness of Sustainability: Participants gained a deeper understanding of the importance of reusing and sharing resources to reduce waste.

o Support for Underprivileged Communities: Essential items such as clothing, stationery, and kitchenware were distributed to needy individuals in adopted villages, improving their quality of life.

o Strengthened Campus-Community Relations: The initiative fostered goodwill and stronger bonds between the campus and the surrounding villages.

o Increased Social Responsibility Among Participants: Students and faculty developed a sense of empathy and responsibility toward addressing societal issues.

o Positive Impact on Society: The overwhelming response and success of the drive have inspired the organizers to plan similar initiatives in the future, amplifying their contribution to the community.

SDG 1 (NO POVERTY) JULY 24 – JUNE 25

Event Details	
Event Type	
Topic	Empowering Communities Through Microfinance: An Industrial Visit to Midland Microfinance Ltd
Date	2024-12-05 to 2024-12-05
Mode	Offline
Venue	Conference/Training room
Organizer Name	Chitkara University
No. of Participants	21
SDG No	SDG 1: No Poverty, SDG 4: Quality Education, SDG 8: Decent Work and Economic Growth, SDG 9: Industry, Innovation and Infrastructure, SDG 17: Partnership for the Goals

Objective

❖ To understand the operational framework of a microfinance institution.
❖ To gain insights into financial inclusion initiatives and lending models.
❖ To explore the role of technology and innovation in microfinance operations.

Description

The Department of MBA (BFSI) organized an industrial visit to Midland Microfinance Ltd, Jalandhar, on December 5, 2024. This visit aimed to provide practical exposure to the operations, challenges, and growth strategies in the microfinance sector, aligning with the students' academic curriculum. Midland Microfinance Ltd is a leading institution providing financial services to underserved communities. Its key services include microcredit, group loans, and capacity-building programs for rural entrepreneurs. The institution has a strong commitment to empowering low-income households and promoting sustainable economic growth. The students were warmly welcomed by the staff of Midland Microfinance Ltd, followed by a briefing session led by senior executives. A detailed presentation on the institution's history, mission, and vision was provided.

Key topics covered included: • Overview of microfinance in India. • Midland's target customer segments and impact on local communities. Operations Tour: The students visited various departments, including: • Loan Processing Unit: Insights into loan application assessments, risk evaluation, and disbursement procedures. • Customer Support Division: Interaction with employees handling client relationships and grievance redressal. • Technology Department: Demonstration of digital tools and platforms used for real-time monitoring and reporting. The students actively participated in discussions on: Challenges faced by microfinance institutions, including credit risk and regulatory compliance. • The role of government policies in supporting the sector. • Strategies to enhance financial literacy among rural borrowers. Key Learnings and Takeaways • Operational Insights: Students gained a thorough understanding of microfinance operations, from customer onboarding to loan recovery. • Practical Exposure: The visit highlighted the importance of customer-centric approaches in financial services. • Technology Integration: Observing the role of technology in streamlining operations and reducing costs was highly valuable. • Strategic Thinking: The case study analysis helped students apply theoretical knowledge to real-world problems. The visit was highly appreciated by the participants, who found it informative and inspiring. They expressed a deeper understanding of the microfinance sector and its critical role in promoting financial inclusion. The industrial visit to Midland Microfinance Ltd was a resounding success, fulfilling its objectives of bridging the gap between academic learning and industry practices. The exposure gained during the visit will undoubtedly benefit the students in their academic and professional endeavours in the BFSI sector.

Outcomes

o Enhanced understanding of microfinance frameworks and institutional structures.
o Comprehensive insights into financial inclusion initiatives and diverse lending models.
o Exploration of technology's transformative impact on microfinance operations.
o Strategic appreciation of innovation driving microfinance sustainability and growth

Detail of the Event/Session	
Date of the Event/Session	26th December 2024
Name of the Event/Session	Donation Drive (At Prabh Aasra)
Organized By	Office of Administration in collaboration with Centre of Excellence for Sustainability
Trainee Team/Count	10
SDG Covered	1,3,10

On December 26, 2024, the Office of Administration and the Centre of Excellence for Sustainability held a donation campaign at Prabh Aasra. The program's goals were to help the recipients with their everyday necessities, enhance their living circumstances, and supply necessary food.

About the Prabh Aasra

Prabh Aasra, Home for Helpless, is a non-profit organization with a philanthropic mission that has been working since 2003. It focuses on rehabilitation, education, training, care, and treatment of underprivileged communities and alleviating social injustice.

Free medical camps are organized from time to time by specialized doctors of Prabh Aasra Medical Hospital, Chanlon, Tehsil Kharar, to spread wellness and bring awareness among the people.

Introduction

The Office of Administration and Centre of Excellence for Sustainability Staff, as well as students, provided **clothing, food, and furniture** to Prabh Aasra. The crew went to the NGO to hand-distribute the donated products.

The donation drive aimed to meet the basic needs of Prabh Aasra inhabitants, including the homeless, the elderly, abandoned children, and those with physical or mental problems. Recognizing the importance of such gifts in improving people's lives, the program concentrated on providing clothing, furniture, and food, assuring a direct and meaningful impact on the recipients.

The objective of the Donation

Support Basic Needs: Provide clothing and essential furniture for improved living conditions.
Enhance Nutrition: Supply food items to ensure beneficiaries have access to healthy meals.
Encourage Community Involvement: Inspire others to contribute and support the underprivileged.

Acknowledgement

The management of Prabh Aasra NGO expressed profound gratitude to Chitkara University for its tremendous contribution. The donations considerably increased their ability to serve their residents.

Conclusion

Chitkara University's dedication to community welfare and social responsibility is demonstrated by this fundraising campaign. Such programs are essential for raising marginalized groups in society and fostering a giving and compassionate culture.

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EVENT DETAILS	
EVENT TYPE	INNOVATION AND SKILL DEVELOPMENT
TOPIC	STUDENT VOLUNTEER FOR SIAM AT BHARAT MOBILITY GLOBAL EXPO 2025, NEW DELHI
DATE	2025-01-12 to 2025-01-24
MODE	OFFLINE
ORGANIZER NAME	DR RAJESH KUMAR NAROTA
NO. OF PARTICIPANTS	12
SDG NO	1, 7, 8, 9, 13

OBJECTIVE

- To enhance students' understanding of road safety measures and emerging mobility technologies.
- To offer students an opportunity to engage with industry professionals, foster networking and career-building prospects.
- To enable students to contribute to societal initiatives such as road safety awareness through active participation in the Surakshit Safar Pavilion's VR Zone.
- To align academic learning with industry advancements, reinforcing the importance of sustainable and safe mobility solutions.

DESCRIPTION

Students from CUIET-Applied Engineering, Chitkara University Punjab, participated as volunteers for the Society of Indian Automobile Manufacturers (SIAM) at the prestigious Bharat Mobility Global Expo 2025, held at Bharat Mandapam, New Delhi, from January 12 to 24, 2025. This global platform showcased cutting-edge mobility solutions, sustainable innovations, and advancements in automotive technology, offering an invaluable learning opportunity for students. Our students played a vital role in the Surakshit Safar Pavilion's VR Zone, an interactive space designed to create awareness about road safety through immersive virtual reality experiences. Their responsibilities included guiding visitors through VR demonstrations, explaining the impact of safe driving practices, and highlighting emerging road safety technologies such as Advanced Driver Assistance Systems (ADAS) and intelligent traffic solutions. Their active involvement in these activities reinforced the importance of adopting safety measures to prevent road accidents and ensure a secure transportation ecosystem. Beyond their volunteer responsibilities, students had the chance to explore various

exhibits at the Bharat Mobility Expo. They gained insights into sustainable transportation solutions, including electric vehicles, hydrogen fuel cell technology, and next-generation battery advancements. Additionally, their interactions with industry experts and professionals allowed them to understand real-world challenges in mobility and sustainability, linking their academic learning to practical industry applications. Faculty members from the Department of Mechanical and Mechatronics Engineering also visited the expo, where they engaged with student volunteers and industry professionals. The enthusiasm and professionalism displayed by Chitkara University students were highly appreciated by SIAM and other stakeholders, emphasizing the university's commitment to industry-driven education and skill development. The students' participation at the Bharat Mobility Expo 2025 not only enhanced their technical knowledge but also instilled a sense of responsibility toward road safety and sustainable mobility. This experience provided them with a unique industry exposure that will undoubtedly contribute to their academic growth and future careers in the evolving field of automotive engineering. Chitkara University remains dedicated to bridging the gap between academia and industry through such engagements, ensuring that students gain the practical skills and knowledge required to excel in the modern mobility landscape.

OUTCOMES

- Students gained valuable exposure to the latest innovations in mobility, sustainability, and road safety.
- The volunteering experience improved students' interpersonal and communication skills through direct engagement with industry experts and event attendees.
- Participation in the Surakshit Safar Pavilion's VR Zone enabled students to advocate for road safety awareness and the significance of technological interventions.
- Students developed a better understanding of event management, teamwork, and professional responsibilities in a large-scale industry expo.
- The event fostered academic-industry collaboration, opening potential avenues for internships, research projects, and further learning opportunities.

Event Name	Co-Curicular Activities Report -UNRAVELLING RBI'S MONETARY POLICY
Date	1 March 2025
Venue	Online
Organizer	Center for Distance & Online Education
Resource Person	Prof. Amaresh Samantaraya
Number of Participants	106
SDGs Covered	1, 8, 9, 10 17,
Duration	1 hour

About the Activity

A master class was organized for all learners of CDOE, featuring Prof. Amaresh Samantaraya, Former Economist at the Reserve Bank of India, as the esteemed resource person. Prof. Samantaraya provided valuable insights into the **RBI's monetary policy framework**, helping learners understand its structure, objectives, and tools. He elaborated on the **impact of interest rates and inflation** on the broader economy, emphasizing how these factors influence growth, investment, and consumption. Furthermore, he highlighted the **crucial role of the RBI in maintaining financial stability**, ensuring a sound banking system, and supporting sustainable economic development. The session was highly informative and enriched the learners' understanding of India's monetary system.
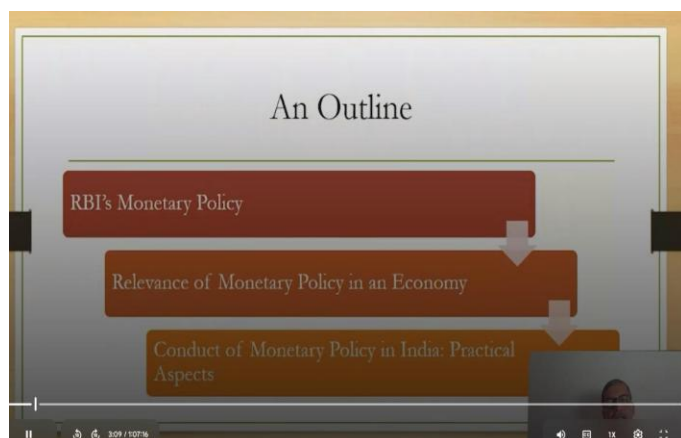
EVENT DETAILS	
EVENT TYPE	WORKSHOP
TOPIC	WINGS OF LOGISTICS: INTRODUCTION TO AIR CARGO BY IATA
DATE	2025-03-03 to 2025-03-07
MODE	OFFLINE
VENUE	402, ROCKFELLER BLOCK (CHITKARA BUSINESS SCHOOL)
ORGANIZER NAME	DR. NEERAJ ANAND, DEPARTMENT OF SCM & GENERAL MANAGEMENT
RESOURCE PERSON	DR. ALOK TYAGI, INTERNATIONAL IATA TRAINER
NO. OF PARTICIPANTS	62
SDG NO	1, 9

OBJECTIVE

- To provide a comprehensive understanding of IATA and its role in air cargo operations.
- To familiarize participants with essential air cargo concepts, terminologies, and procedures.
- To highlight the significance of sustainability and technological advancements in air cargo logistics.
- To equip students with practical knowledge regarding cargo handling, documentation, and compliance requirements.
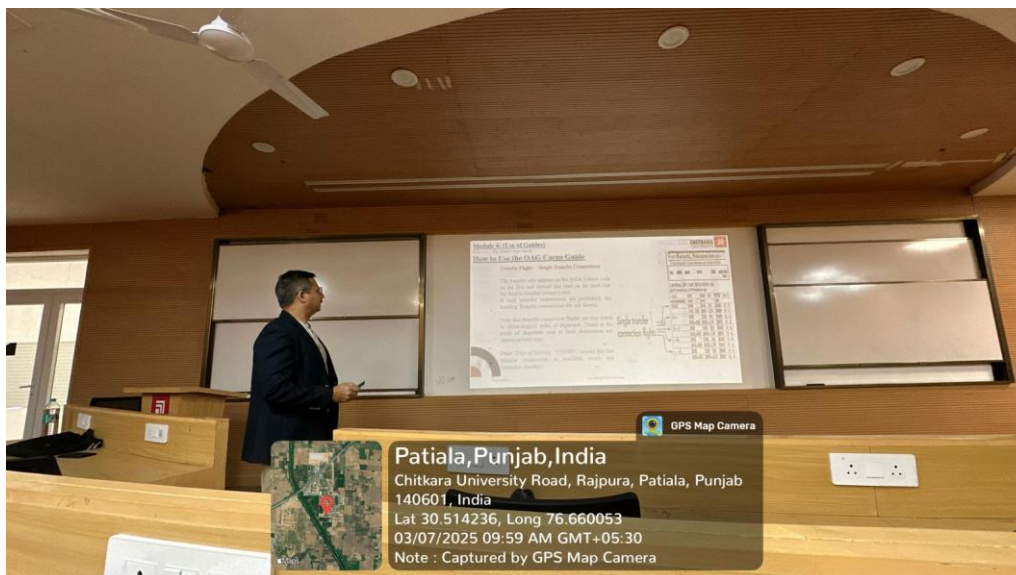
DESCRIPTION

The "WINGS OF LOGISTICS: INTRODUCTION TO AIR CARGO BY IATA" workshop, organized by SCM & General Management, Chitkara Business School, Chitkara University, Punjab, from March 3rd to March 7th, 2025, provided an in-depth exploration of air cargo operations under the guidance of Dr. Alok Tyagi, a certified IATA Trainer. This intensive five-day program aimed to equip students with foundational knowledge and practical insights into air cargo logistics, operations, and regulations, aligning with global industry standards. On Day 1, participants were introduced to the International Air Transport Association (IATA), its significance in regulating air cargo logistics, and its sustainability initiatives focused on reducing carbon footprints. They also explored global geographical trade routes crucial for air cargo movements. Day 2 delved into OAG (Official Airline Guide), providing insights into airline scheduling and air cargo planning. Participants also learned about IATA codes for airports, airlines, and cargo identification, along with cargo acceptance procedures, ensuring

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compliance with safety and regulatory standards. Moving to Day 3, the workshop covered cargo agency operations, emphasizing the role of freight forwarders in international trade, followed by a discussion on the acceptance of cargo and the various handling facilities required for different types of shipments. Day 4 focused on aircraft and cargo handling, highlighting the different types of aircraft used for air cargo transport, their loading capacities, and the significance of Unit Load Devices (ULDs) in streamlining operations. Participants also learned about the procedures involved in loading, unloading, and securing cargo within aircraft. On the final day, Day 5, the workshop covered crucial air cargo documentation, including the Air Waybill (AWB), an essential legal and logistical document, and the Shipper's Letter of Instruction (SLI), which facilitates smooth cargo processing. Additionally, special cargo handling procedures were explored, covering perishable goods, dangerous goods, and live animal shipments. The session also addressed Cargo IQ standards and compliance codes, which help maintain efficiency and quality in cargo transportation. Throughout the workshop, Dr. Tyagi's expert insights and interactive teaching methodologies enhanced participants' understanding of air cargo operations, ensuring they acquired industry-relevant knowledge. The workshop concluded with an engaging Q&A session, followed by the distribution of certificates, acknowledging the participants' dedication and commitment to learning. By bridging academic concepts with practical industry applications, this workshop provided students with a strong foundation in air cargo logistics, preparing them for future careers in aviation management, logistics, and supply chain operations. The "WINGS OF LOGISTICS" workshop successfully reinforced Chitkara University's commitment to providing high-quality, industry-oriented education, empowering students with the knowledge and skills needed to excel in the competitive global aviation and logistics sector.

OUTCOMES

- The students learned about IATA regulations and their role in standardizing global air cargo operations.
- The students gained practical knowledge of essential air cargo documents like the Air Waybill (AWB) and Shipper's Letter of Instruction (SLI).
- The students understood cargo handling and acceptance procedures, including freight forwarding and warehouse operations.
- The students explored different aircraft types, cargo capacities, and the significance of Unit Load Devices (ULDs) in efficient transportation.
- The students familiarized themselves with IATA airport, airline, and cargo codes to enhance their understanding of international logistics.
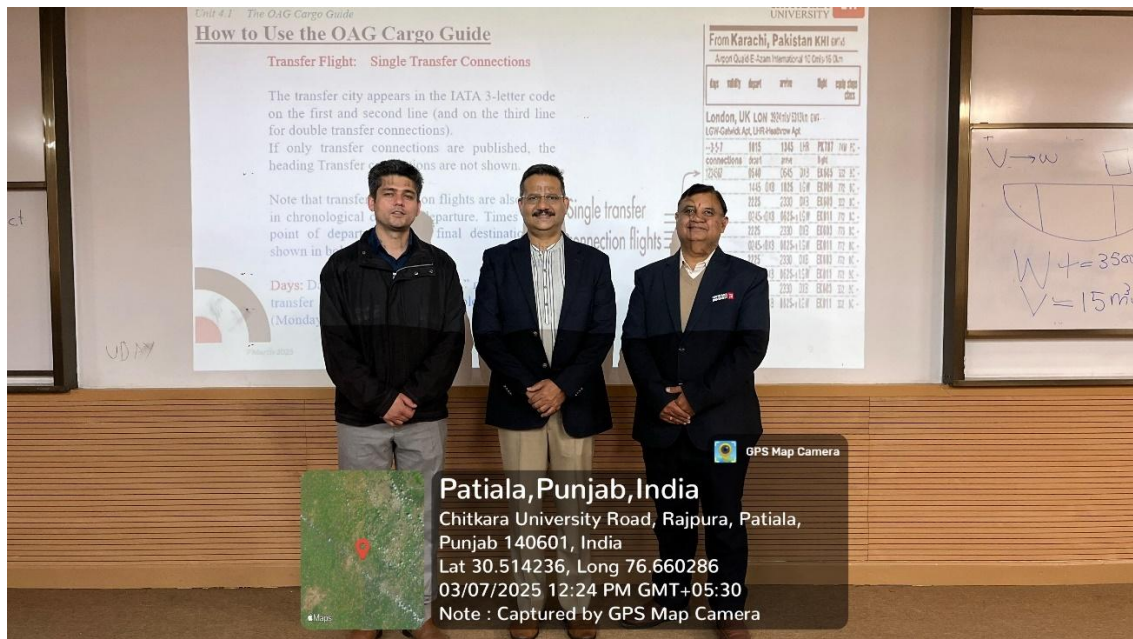
EVENT DETAILS	
EVENT TYPE	COMPETITION
TOPIC	INTRA-COLLEGE DEBATE COMPETITION' ON UNIFORM CIVIL CODE (UCC): A STEP TOWARDS EQUALITY OR AN INFRINGEMENT ON RELIGIOUS FREEDOM
DATE	2025-04-16 to 2025-04-16
MODE	OFFLINE
ORGANIZER NAME	CHITKARA LAW SCHOOL
RESOURCE PERSON	PROF. (DR.) AJAY RANGA, PROFESSOR AND DEAN | DR. JASDEEP KAUR, ASSOCIATE PROFESSOR | DR. ANKITA CHAKRABORTY, ASSISTANT PROFESSOR | DR. AKSHIPTIKA RATTAN, ASSISTANT PROFESSOR | DR.ANU VERMA, ASSISTANT PROFESSOR
NO. OF PARTICIPANTS	40
SDG NO	1, 3, 8, 10, 16

OBJECTIVE

- To promote analytical and logical thinking among students.
- To encourage research-based argumentation on legal and political issues.
- To enhance public speaking, persuasion, and rebuttal skills.
- To create awareness about contemporary socio-political and legal matters.
- To provide a competitive yet healthy platform for student interaction.

DESCRIPTION

Chitkara Law School successfully organized its much-anticipated Intra-College Debate Competition, an intellectually stimulating event designed to nurture critical thinking, public speaking skills, and informed discourse among students. What set the competition apart was its inclusive nature, welcoming participants not only from the Law School but also from the Departments of Economics, Business, and Computer Science Engineering. This interdisciplinary participation underscored a shared passion for debating current legal and political issues in India. A total of ten teams, labeled Team A to Team J, competed in the event. The proceedings began with an inspiring inaugural address by Prof. (Dr.) Ajay Ranga, Dean of Chitkara Law School. Dr. Ranga motivated students to explore diverse viewpoints and emphasized debate as a tool to craft structured, rational arguments. His words energized the participants and established an intellectual ambiance for the event. The preliminary round

commenced with the drawing of chits to assign teams their position—either for or against the motion—and to determine their opponents. Each team was given a total of 10 minutes, split equally between two speakers, along with 4 minutes for rebuttals. This structure enabled teams to clearly articulate their arguments while showcasing their ability to respond quickly and effectively to opposing views. The panel of judges comprised three esteemed faculty members: Dr. Aksiptika Rattan and Dr. Jasdeep Kaur from the Law Department, and Dr. Anu Verma from the Education Department. The judges assessed the performances based on several criteria, including content, clarity, delivery, rebuttal quality, and overall persuasiveness. They also shared motivational insights with the students, highlighting debate as a crucial skill in developing leadership and communication capabilities. Throughout the preliminary rounds, the competition was dynamic and engaging. Students displayed passion and sharpness in argumentation, contributing to a charged atmosphere of intellectual rigor and mutual respect. After a short refreshment break, scores were tallied, and the two highest-scoring teams advanced to the final round. In the final round, chits were again drawn to assign stances. Each team received 20 minutes—10 minutes per speaker—along with 6 minutes for rebuttals. The final debate was intense and thought-provoking, with both teams demonstrating articulate delivery, solid research, and remarkable composure. The judges faced a tough decision in choosing the winners. The event concluded with a prize distribution ceremony. Trophies and certificates were awarded to the winning and runner-up teams, and the Best Speaker title was conferred upon one outstanding participant. All participants received certificates of participation. The event achieved its goal of promoting analytical thinking, confidence, and respectful dialogue, and will remain a standout in Chitkara Law School's academic calendar.

OUTCOMES

- Enhanced Critical Thinking: Students learned to analyze complex issues logically and present well-structured arguments.
- Improved Communication Skills: The event boosted students' public speaking, persuasion, and active listening abilities.
- Exposure to Diverse Perspectives: Interdisciplinary participation encouraged understanding of different viewpoints and fostered open-mindedness.
- Teamwork and Rebuttal Skills: Students practiced effective collaboration, time management, and spontaneous thinking during rebuttals.

Prof. (Dr.) Ajay Ranga Sir announcing the start of debate competition with inspiring notes on the importance of the topic welcoming the participants and the audience- 16.04.2025

The participating team members during drawing of chits to select the arguments on speaking for and against the motion, as per the topic of debate - 16.04.2025

The panel of judges and chief guest during the session of debate arguments presented by different team members - 16.04.2025

The participating team members during the argument session on the given topic of debate - 16.04.2025

The participating team members during the argument session on the given topic of debate - 16.04.2025

The group photograph during the felicitation of various participants after the debate competition was completed - 16.04.2025

Event Details	
Event Type	Expert Talk
Topic	Expert Session on From Aspirant to Achiever: A Roadmap to success in competitive Exams
Date	02-06-2025
Time	10 am onwards
Mode	Online via Zoom
Organizer Name	Department of Nursing, CSHS, Chitkara University, Punjab
Resource Person	Ms. Gagan Dhillon, Founder and Managing Director Ms. Mandeep Dhaliwal, NCLEX Tutor, One stop Nursing Hub
No. of Participants	139
SDG No	1, 4, 5, 8, 10 & 17

OBJECTIVE

- To understand the dynamics and evolving patterns of competitive exams.
- To learn effective time management, study planning, and stress control techniques.
- To discover smart preparation strategies, including subject prioritization and resource selection.
- To cultivate the right mindset, self-discipline, and resilience required for long-term success.
- To gain clarity on the transition from an aspirant mindset to that of a confident achiever.

DESCRIPTION

On June 2, 2025, students from the M.Sc. Nursing 2nd Year, M.Sc. Nursing 1st Year, B.Sc. Nursing 8th Semester, B.Sc. Nursing 6th Semester, B.Sc. Nursing 2nd Semester, Post B.Sc. Nursing 2nd Year and Post B.Sc. Nursing 1st Year programs at Chitkara School of Health Sciences attended a valuable expert session on From Aspirant to Achiever: A Roadmap to success in competitive Exams, conducted via Zoom byMs. Gagan Dhillon, Founder and Managing Director & Ms. Mandeep Dhaliwal, NCLEX Tutor, One stop Nursing Hub. An expert session titled "From Aspirant to Achiever: A Roadmap to Success in Competitive Exams" was conducted with the objective of guiding students on their journey toward success in various competitive examinations. The session provided valuable insights into the

preparation strategies, time management techniques, and mindset required to excel in today's highly competitive academic environment.

The expert speaker brought a wealth of experience and shared real-world strategies that have helped numerous aspirants transform into successful achievers. The session began with an overview of the current competitive exam landscape, highlighting trends, common challenges faced by aspirants, and how to overcome them.

Key focus areas included

- Effective Study Planning: Structuring study schedules, breaking down syllabi, and setting achievable targets.

- Time and Stress Management: Balancing academic preparation with mental well-being.

- Smart Preparation Techniques: Choosing the right resources, using mock tests effectively, and continuous self-assessment.

- Motivation and Mindset: Developing perseverance, self-confidence, and a positive attitude towards setbacks.

The session concluded with an interactive Q&A segment, where students had the opportunity to seek personalized advice from the expert. The feedback from attendees was overwhelmingly positive, with many expressing renewed motivation and clearer direction in their preparation journey.

Overall, the session proved to be highly informative and inspiring, fulfilling its objective of empowering aspirants with the tools and mindset necessary to transition from preparation to achievement in their chosen competitive exams.

OUTCOMES

- Participants gained a clear understanding of the roadmap needed to prepare effectively for competitive exams, including goal setting and long-term planning.
- Students learned how to create efficient study plans, prioritize subjects, and adopt smart study techniques tailored to exam patterns.
- Attendees were introduced to practical time management tools and methods to balance study, revision, and personal well-being.
- The Q&A segment allowed students to clarify doubts, share concerns, and receive personalized advice, increasing the session's impact and relatability.

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